

How to Use a Condom for Oral Sex

After receiving sober consent:

1. Check expiration date & if condom has an air pocket in center. A good condom will always have an air pocket in the middle of it.
2. Arousal/Foreplay and Erection.
3. Push condom to one side of package & open CAREFULLY along perforated edge. Do NOT use your teeth, scissors or any other sharp object to open. Be aware of fingernails and jewelry.
4. Visibly inspect condom for any obvious holes or perforations.

For oral sex on a man:

- I. Pinch the tip of the condom & place condom on tip of erect penis.
- II. Roll condom ALL the way to the BASE of the penis. If you accidentally put condom on upside down (i.e., it will not roll down the penis), THROW THE CONDOM AWAY and get a NEW ONE – DO NOT continue to use the same condom!
- III. Smooth out air bubbles.

For oral sex to vagina and/or anus:

- I. Create a dental dam by cutting off the tip of the condom & cutting down side of condom. Open up and cover entire area of the vulva or anus.
5. Apply water-based flavored lubricant to the condom and/or dental dam.
6. Consensual Oral Sex.
7. Ejaculation.
8. Hold base of condom and withdraw penis BEFORE loss of erection (for oral sex on a man).
9. Take condom and/or dental dam off carefully and AWAY from your partner. Throw it away in the trash can (do NOT flush down the toilet)!
10. Wash hands with soap and water.
11. Repeat **EVERY TIME** you have oral sex!