

An Overview

WHO CAN PARTICIPATE?

This is a wilderness experience program that only incoming freshmen may enroll in. *Though the program is open to anyone and previous outdoor experience is not necessary it is recommended that one be in good physical shape to participate.*

CAN I EARN COLLEGE CREDIT?

YES YOU CAN!!! This program couples a week-long expedition with a class that meets once a month to cover the entire course curriculum. Enrolling in this program registers you in a UNIV 100 class that is worth 2 academic credits.

WHO WILL I MEET?

When on the expedition you will be joined by six other first year students with two trained Outdoor Program staff members and one BGSU faculty member. Once fall classes begin your monthly class will be made up of all students who participated in these expeditions so you will already have something in common.

HOW MUCH DOES IT COST?

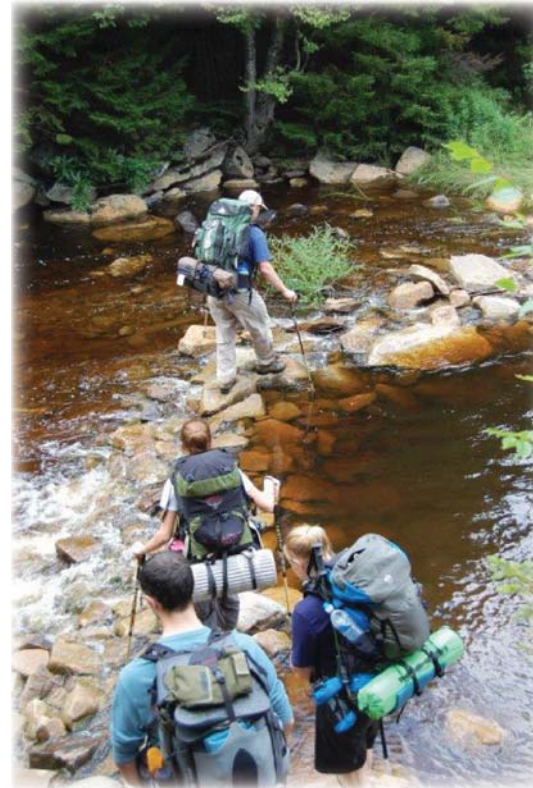
The cost for the academic credits is the same as registering for any other 2 credit UNIV 100 course. There is an additional facilitation fee of \$325 paid to the Outdoor Program no later than two weeks before the expedition departs. *This cost covers the transportation, staffing, lodging, all your equipment, and dinner meals for the expedition.*

SPACE IN THE PROGRAM IS LIMITED SO REGISTER EARLY TO SECURE YOUR SPOT!

Freshman Wilderness Experience

Freshman take FLIGHT

We look forward to meeting you this fall and helping you to transition to a great new experience at Bowling Green State University.



FOR MORE INFORMATION CONTACT:

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Freshman Wilderness Experience
Freshman take FLIGHT

The wilderness experience program for incoming freshmen students is to assist with their transition from high school to college life at Bowling Green State University.



What is it?

This program is a cooperative effort between the Outdoor Program and First Year Programs to offer a wilderness experience program to incoming freshmen.

How does it work?

We combine the exciting adventure of an Outdoor Program expedition with the knowledge gained through the First Year Programs' UNIV 100 course. Those students who choose to enroll in the freshmen wilderness experience will receive two credits during their fall semester.

The program consists of a week-long outdoor expedition during either the week of *July 23-29* or *August 1-7* with two upperclassmen and a BGSU faculty member. These individuals will facilitate outdoor learning skills as well as portions of the standard UNIV 100 curriculum in the field. When you return to BGSU you will have the opportunity to join in a class with other students who have experienced these expeditions. These classes will meet for one session a month to cover the remainder of the material in the curriculum.



What will you learn?

With the combination of the Outdoor Program trip leaders and a BGSU faculty member, the knowledge gained from this program can go beyond the normal classroom. Students participating in these expeditions can expect to learn:

- Basic backpacking and camping skills
- Wilderness survival skills
- Bowling Green State University traditions and history
- About the resources of Bowling Green State University
- Diverse cultures and ideas
- Intellectual, personal and social skills that will assist in future semesters at BGSU and beyond.
- Self-reliance and self-confidence through challenging outdoor and classroom experiences
- To form friendships with fellow first-year students before the semester even begins.



What is the Common Reading Experience?

A common reading experience is often seen as a great way for new students to embark upon the intellectual challenges of the college experience. In addition to discussing the book in the...

...classroom, BGSU also hosts special events related to the content of the book throughout the fall semester.

During the expeditions students will begin discussion of the assigned common reading. Students will also be required to keep a journal with them during the expedition and continuing through the course. In this way the students will be able to reflect on their experiences using both dialogue from the book and personal experiences in the outdoors.

How much does the Flight program cost?

Because this program is a modified form of a UNIV 100 class the tuition cost remains the same as any normal two-credit first-year class. In addition there is a \$325 fee paid to the Outdoor Program to cover costs related to facilitating the outdoor experience. This fee is separate from the standard tuition and must be paid no later than one week prior to the expedition's departure. *This cost covers the transportation, staffing, lodging, all your equipment, and dinners for the expedition.*

Are freshman outdoor experience programs effective?

Research has shown exceptional benefits of first year students participating in a wilderness experience program. Students participating in these programs show nearly a 40% increase in satisfaction with campus life and over a 30% increase in retention compared with non-participating students.*

*Mauro, Brian Dr. *Measuring the Impact of Experiential Education in First Year Students*. Oct. 2007