

FREEDOM

STUDENT/COMMUNITY ORGANIZATION

THE UCF – A Home for FREEDOM

What is the UCF?

The UCF is a community “free space” where community members come together to engage in spiritual exploration, pursue common interests, and work to create positive change in the community, the country, and the world. It is also a student center for social activism and personal growth.

The UCF in the Community:

1. Bowling Green After-School Program: This program runs Monday-Thursday from 3:30 - 5:30 p.m. during the school year and features homework help and a literacy program.
2. Community Clothes Closet: Free clothes are available to community members in need; clothes are gently used and have been donated by other community members.
3. Healing Workshops: On Tuesdays from 3 - 5 p.m. community members meet in UCF's chapel space to explore healing techniques. Topics include breathing, meditation, essential oils, herbs, teas, and much more.
4. Summer Morning Arts Project: SMAP is the summer extension of the After-School Program, and is a week-long day camp for area youth ages 5-12. Each day a guest artist works with the children to explore the arts; a family style lunch is shared, and the visual arts are practiced in a creative, non-linear, and supportive mentoring environment. Runs July 7-11, 10 a.m.- 3 p.m.
5. Food Not Bombs: On select Saturdays, a group of volunteers gather food, cook it at the UCF at 6 p.m., and serve it FREE to all interested. They serve food in downtown Bowling Green at 8 p.m. in the alleyway across from CBCB's.

Location:

The UCF is located at 313 Thurstin Avenue, at the corner of Thurstin and Ridge.

For More Information:

Contact Bill Thompson at 419-494-8878 or wthomp@bgsu.edu.

Check out the UCF's MySpace page:

<http://profile.myspace.com/index.cfm?fuseaction=user.viewprofile&friendid=50231271>.