

AAASP Executive Board Minutes
April 28-29, 1991
Savannah, GA

Sunday April 28, 1991

Board Members Present: Larry Brawley (president), Dan Gould (past-president), Michael Sachs (president-elect), Robin Vealey (secretary-treasurer), Marty Ewing (publications director), Bonnie Berger (health psychology chair), Steve Danish (intervention/performance enhancement chair), Penny McCullagh (social psychology chair), and Doug Jowdy (student representative).

1. Call to Order and Approval of Minutes. The meeting was called to order at 8:20 AM by Brawley. It was moved (Ewing), seconded (Vealey), and passed (9-0) that the minutes of the September 11-16, 1990 Executive Board meetings be approved.

2. APA Representative. It was moved (Sachs), seconded (Gould), and passed (9-0) that Danish would be the official AAASP representative to the 1991 APA Convention. The board expressed appreciation to Kate Hays who had previously served as this representative, and Brawley indicated that he would write a thank-you letter to Hays for her service.

3. Secretary-Treasurer's Report. Vealey reported the total 1990 AAASP membership as 642 members. Current 1991 membership is at 470 of which 57% are professional members and 43% are student members. Currently, there are 40 AAASP fellows.

Vealey provided board members with the 1990 treasurer's report that indicated an income of approximately \$46,000 and expenses of approximately \$45,000. Member dues (53%) represented the main source of income, while the journal (JASP) represented 40% of the total expenses. An analysis showed that the newsletter cost per member was \$8.70 and the journal cost per member was \$23.46. The 1990 conference netted approximately \$5000.

The 1991 AAASP budget was reviewed, and budget concerns were discussed by the board. The board also discussed the need for a consumer brochure that explains the field of sport psychology. Sachs was charged with contacting Charlie Hardy, Continuing Education Chair, about this need. The board agreed to review preliminary ideas regarding this brochure at the fall board meeting.

4. Journal of Applied Sport Psychology. It was moved (Danish), seconded (Berger), and passed (7-1-1) to change the order of the agenda to discuss the journal at this point as the budget and financial considerations were just discussed and fresh in mind. This item was included on the agenda as John Silva's tenure as JASP editor is due to expire at the end of 1991. Guidelines for the journal indicate that the editor may be renewed for a consecutive three year term if so voted by the board.

Brawley turned the meeting over to Danish who has been acting as the Executive Board liaison to the journal. Also, this avoided any conflict of interest due to the fact that Brawley is an Associate Editor of the journal.

The board read Silva's editorial report which included editorial board information, a list of JASP publications to date, a financial accounting, and royalty information from Kinkos. Discussion ensued regarding the philosophy and goals of the journal as well as financial issues. The issues of journal philosophy and goals included discussion regarding the need for another journal and the particular role of JASP as a sport psychology journal. The board indicated support for the continuation of the journal, but wanted to make the mandate of the journal clearer. It was moved (Brawley), seconded (Sachs), and passed (8-1) to continue the JASP as the official AAASP journal.

It was moved (Ewing), seconded (Sachs), and passed (8-0-1) to sharpen the focus of JASP by implementing a special topics and themes format attempting to rotate topics across the three AAASP content areas and where possible include cross-sectional thematic issues.

With regard to financial concerns, it was moved (Sachs), seconded (Ewing), and passed (9-0) that the president appoint an ad hoc committee to explore options

for reducing the costs of the journal. This committee's report will be reviewed by the board the the fall board meeting.

The board discussed Silva's performance as JASP editor and commended him for his outstanding leadership in the development of the journal. The board extended appreciation to Silva for his work on behalf of the Association. **It was moved (Jowdy), seconded (Sachs), and passed (8-1) to offer a new 3-year term as journal editor to John Silva within the new guidelines of the journal.** These guidelines include the new focus on special issues, an annual editorial report to the Executive Board, a commitment to reducing costs of the journal, and an examination of bids from different publishers when the Allen Press contract expires.

The board discussed the difficulty of the JASP fiscal year being different from AAASP's. Vealey indicated it would be helpful to provide editorial assistance money in half-year increments to facilitate book-keeping. **It was moved (Ewing), seconded (Berger), and passed (9-0) to provide Silva a maximum of \$2800 for the remainder of 1991.** Vealey will contact Silva regarding his exact budgetary needs for the remainder of the year.

The board discussed a proposal from Silva which would charge Kinko's \$50 per article per year for unlimited reproduction of JASP articles. The board agreed in principle with the proposal, but wanted to lower the price with the rationale being increased exposure and usage of JASP in courses. **It was moved (Gould), seconded (Ewing), and passed (9-0) to charge Kinkos a \$25 royalty fee per article per year for JASP reproductions.**

The board also discussed a request from Silva to entertain marketing strategies for JASP with Allen Press. **It was moved (Gould), seconded (Brawley), and passed (9-0) to suspend any marketing decisions until the new JASP format is developed and implemented.**

5. Publications Director Report. Ewing reported that 431 newsletters were sent out in the first mailing of 1991 and that 70 graduate directories have been sent out this year. She acknowledged the work of her associate editors Kevin Burke, Linda Petlichkoff, and Diane Wiese, and her managing editor Sarah Elliot. Ewing asked the board to consider changing the size of the newsletter to reduce costs. **It was moved (Gould), seconded (Danish), and defeated (2-5-1) to change the newsletter to a smaller size and use recyclable paper.** The board strongly felt that the newsletter was very important to the membership and did not want to change the format due to its success. Ewing indicated that the current newsletter mailing dates were problematic in relation to our current membership year. She proposed a new format for the production and mailing of the newsletter. In this format, newsletters will be mailed to the membership in March, July, and November. The board agreed to this format as it distributes the delivery of the newsletters more evenly across the membership year. Finally, the board gave Ewing permission to print additional graduate directories.

6. Health Psychology Chair Report. Berger reported that Dr. Leonard Epstein would be the conference keynote speaker and would discuss exercise and weight control. She also reported that 5 symposia, 4 workshops, 1 colloquium, 5 lectures, and 6 posters were accepted for the 1991 conference. Berger indicated that the open meeting of persons interested in health psychology was very successful at the last conference and encouraged all chairs to conduct these meetings to encourage interaction. She also indicated that informal evening sessions were planned for the conference to facilitate interaction. She acknowledged the work of her committee including Britt Brewer, John Heil, Eddie McAuley, Dave Yukelson, and Len Zaichowsky. Yukelson and Zaichowsky will rotate off the committee after the 1991 conference.

7. Intervention/Performance Enhancement Chair Report. Danish reported that conference submissions were up especially in the lecture research area. He acknowledged the work of his committee including Debra Crews, Bruce Hale, Doug Jowdy, Kirsten Peterson, Al Petitpas, and Ken Ravizza.

8. Social Psychology Chair Report. McCullagh reported that Dr. Csikszentmihalyi would be the conference keynote speaker along with 4 symposia, 2 colloquia, 1 workshop, 9 lectures, and 24 posters. McCullagh indicated a 20% increase in conference submissions in the social psychology area and the inclusion of roundtable discussions at night to facilitate interaction at the

conference. She acknowledged the work of her committee including Diane Gill, Rebecca Lewthwaite, Tony Piparo, and Frank Smoll.

9. Student Representative Report. Jowdy proposed the implementation of a Dissertation Award in AAASP. **It was moved (Jowdy), seconded (Vealey), and passed (9-0) to approve a Dissertation Award.** Discussion ensued regarding appropriate recognition for the award winner such as a plaque, conference registration fee waiver, and presentation of the dissertation at the conference. Jowdy was charged with developing a written proposal for the board to examine at the fall board meeting. Jowdy also indicated that he was working to increase the visibility of AAASP by contacting students around North America.

10. Continuing Education (CE) Committee. Board members read the Continuing Education Committee report submitted by Charlie Hardy (chair), Rob Stainback, Kelly Grace, and Jay Kimiecik. The committee recommends connecting continuing education and AAASP recertification by requiring AAASP Certified Consultants to acquire 1.2 CEU's over a three year period. **It was moved (Danish), seconded (Ewing), and passed (9-0) to accept in concept the connection between continuing education and AAASP recertification. It was moved (Danish), seconded (Ewing), and passed (9-0) to allow the CE committee to administer a needs assessment to the membership during the 1991 conference.**

With regard to preconference workshops, the board discussed whether presenters should be AAASP members and/or certified. Danish was charged with contacting Hardy to discuss this matter. **It was moved (Danish), seconded (Berger), and passed (9-0) to pay CE workshop presenters a \$300 honorarium, one full day per diem for food, and one night's lodging.** The board approved the proposed workshop for the 1991 conference, AAASP and presenter responsibilities, and the cancellation policy that the CE committee developed. The board emphasized the need to make it very clear to the speakers and presenters about the very strict cancellation policy. The board commended Hardy and his committee for their excellent work in continuing education.

11. Certification Committee. The board reviewed the action plan for the spring Certification Committee meeting submitted by Len Zaichkowsky (chair). Gould expressed concern over confusion about the use of the grandparenting form for certification. The board agreed that members should be aware that the same certification form is used for both grandparenting and certification application, however, it will be less complete for those seeking grandparenting.

12. Ethics Committee. The board reviewed a progress report including mission statement and goals from Al Petitpas who is chair of the Ethics Committee. The board emphasized that the focus of the Ethics Committee is to be educational.

13. 1990 Conference Evaluation. Sachs discussed the 1990 conference evaluation which was published in the winter newsletter. Overall, the reports were positive with the keynote speakers receiving the highest ratings. Conference attendees did request more open forums for discussion and more room for the poster sessions.

14. Election Slate. The nominees for the Executive Board vacancies in 1991 are Diane Gill and Charlie Hardy for President-Elect, Kevin Burke and Peggy Richardson for Secretary-Treasurer, David Pargman and Rob Stainback for Health Psychology Chair, and Keith Chapin and Kirsten Peterson for Student Representative. Nominees for the next election slate were generated by the board.

15. 1991 Conference Report. Conference Director Gould reported on the 1991 AAASP Conference to be held in Savannah, GA from October 23-27, 1991. Gould overviewed the conference schedule and he emphasized that the schedule will run very tight due to the continuous usage of presentation rooms. Three sessions will run concurrently at all times with roundtables being held at night. The board discussed the running of the business meeting by the President vs. President-Elect and also the timing of the Presidential address. The board felt

that the President should give the Presidential address at the end of his or her office, not at the beginning as has been the practice. The rationale for this is that the President, having been in office for a year prior to the conference, has a much better feel for the organization and its needs and goals. Therefore, this year there will be no Presidential address and Sachs (next year's President) will give the Presidential address at the 1992 conference. Also, the board decided that the current President should run the business meeting and at the end of the meeting turn the gavel over to the President-elect for a short (approx. 10 minutes) talk. After this year, the current President will give the Presidential address and run the business meeting at that conference.

16. 1992 Conference Report. Brawley reported on correspondence with Boodie Newsom McGinnis regarding a Conference Coordinator position for AAASP. The board agreed to let McGinnis provide management services for the 1992 conference with the possibility of becoming a permanent conference coordinator and even business manager for AAASP. The board agreed to invite McGinnis to the 1991 conference to become familiar with the organization and conference procedures. It was agreed to pay her expenses for attendance at the conference.

17. Constitutional Amendments. The board discussed two constitutional amendments that were tabled for further discussion at the 1990 business meeting. **It was moved (Gould), seconded (Vealey), and passed (9-0) to create active vs. inactive fellow status in AAASP to ensure that only active fellows are voting and to facilitate gaining a quorum.** Right now there is no differentiation between active and inactive fellows. The proposed amendment would read: **"Active and Inactive Fellows: Active fellow status requires current AAASP membership and attendance at an AAASP conference within the last three years. Failure to meet these criteria will result in inactive fellow status."** And elsewhere in Article IV, **"Only active fellows can vote on issues related to certification standards, ethical principles, and professional standards"**.

The second constitutional amendment involved the issue of proxy votes. **It was moved (Gould), seconded (Vealey), and passed (9-0) to agree in spirit to the use of proxy votes.** The board charged Vealey with researching parliamentary procedure to gain relevant information regarding proxy votes which will be further discussed at the fall board meeting.

18. Adjournment. The meeting was adjourned at 10:30 PM.

Monday April 29, 1991 (Call to order at 8:05 AM)

19. Nominating Committee. The board approved Brawley's request to appoint a two person nominating committee to facilitate securing nominees provided by the Executive Board to the election slate. The rationale for this committee is to free up the current President from telephoning prospective election candidates.

20. Regional Representation. Brawley discussed the need for more input than just the Executive Board on various AAASP matters. He proposed developing Regional Representatives to coordinate activities of AAASP members in various regions and to promote the services of the organization such as certification and continuing education. Other ideas included presenting at state and regional APA and AAHPERD meetings and running workshops. The board also agreed that this would nurture leadership qualities of the membership for future service on the Executive Board. Brawley was charged with providing a more specific proposal for the fall meeting.

21. Speaker Honoraria. John Silva, JASP editor, proposed to the board at the fall 1990 board meeting to discontinue the \$300 honoraria given to speakers for submitting their keynote talks to JASP. The board discussed this issue and **it was moved (Gould), seconded (Ewing), and passed (9-0) to discontinue providing \$300 honoraria for publishing keynote speeches in JASP effective at the 1992 conference.**

22. New Graduate Program Directory. The board discussed potential modifications to the graduate directory proposed by Sachs. Potential additions that were discussed includes research interests of professors, categories of programs, definitions/descriptions of sport/exercise psychology, additional information on assistantships, admission requirements, and a disclaimer that the information is self-report and AAASP is not endorsing any particular programs. Jowdy was asked to poll students in the student meeting at the conference for their input regarding useful information to include.

23. Dorothy Harris Memorial. The board discussed a proposal presented by Sachs to develop a Dorothy V. Harris Memorial Award for AAASP. Various alternatives were discussed such as an award based on excellence in research on women in sport, an award to a prominent woman researcher in the field of sport psychology, a service excellence award, and a memorial lecture. The board charged Sachs with gathering more information regarding this potential award.

24. Ad Hoc Committee on Diversity. The board discussed a proposal presented by Sachs to create an ad hoc committee to increase the diversity of individuals working in AAASP and the field of sport psychology. **It was moved (Vealey), seconded (Berger), and passed (8-0) to develop an Ad Hoc Committee on Human Diversity in Sport Psychology.** Sachs was charged with developing the committee and reporting back at the fall board meeting.

25. AAASP Run. The board discussed a proposal presented by Sachs to hold the first annual AAASP mastery run at the 1991 conference. **It was moved (Sachs), seconded (Brawley), and passed (8-0) to conduct a mastery run at the 1991 conference.**

26. AAASP Policy Manual. The board discussed the need for an updated policy manual for AAASP and then continued updating after board meetings. Brawley asked board members to send him policies related to their positions for inclusion/updating of the manual.

27. Adjournment. The meeting was adjourned at 11:30 AM.

Respectfully submitted,

Robin S. Vealev. Secretary-Treasurer

AAASP Constitutional Amendments

The Executive Board moved to create active and inactive fellow status in AAASP to ensure that only active fellows are voting and to facilitate gaining a quorum for voting matters. Right now there is no differentiation between active and inactive fellows. The proposed amendment would read: **"Active and Inactive Fellows: Active fellow status requires current AAASP membership and attendance at an AAASP conference within the last three years. Failure to meet these criteria will result in inactive fellow status."** And elsewhere in Article IV, **"Only active fellows can vote on issues related to certification standards, ethical principles, and professional standards"**.

This proposed amendment will be discussed and voted on at the Business Meeting at the 1991 AAASP conference in Savannah.