

AAASP
ORGANIZATIONAL MEETING
OCTOBER 4-6, 1985
NAGS HEAD, NORTH CAROLINA

Members Present: John Silva, President; Ron Smith, President-Elect; Jean Williams, Secretary-Treasurer; Dan Kirschenbaum, Intervention/Performance Enhancement Chair; Michael Sachs, Health Psychology Chair; Bibb Latane, Social Psychology Committee Member; Bill Straub, Publications Director; Charles Hardy, Membership Director

The organizational meeting was chaired by John Silva, President. The following minutes summarize the actions taken during the three days of organizational meetings.

NAME

The name of this organization shall be the Association for the Advancement of Applied Sport Psychology.

PURPOSE

The purpose of AAASP is to promote the development of psychological theory, research and intervention strategies in sport psychology. AAASP provides a forum for individuals who are interested in research theory development and in the application of psychological principles in sport and exercise. AAASP is also concerned with ethical and professional issues relating to the development of sport psychology and to the provision of psychological services in sport and exercise settings. In order to accomplish these goals AAASP incorporates information and expertise from the fields of exercise and sport science and psychology. The Association is comprised of three interrelated sections: Intervention/Performance Enhancement, Social Psychology, Health Psychology.

Intervention/Performance Enhancement

The Intervention/Performance Enhancement section focuses on research, theory, and practice intended to improve performance in exercise and sport. This section is also concerned with the effects of sport psychology interventions on the well-being of participants in exercise and sport. In addition, the Intervention/Performance Enhancement section addresses professional issues such as training and credentialing of clinical, educational and other sport psychologists who provide services designed to enhance exercise and sport performance.

Health Psychology

The Health Psychology section is concerned with the close relationship between mental health and physical health. It focuses on the role of psychological factors in sport and exercise, particularly as they relate to disease development and remediation, coping with stress, and health promotion.

Social Psychology

The Social Psychology section addresses research, theory, and intervention, focusing upon individual and group processes in sport and exercise settings. The section encompasses the application of social psychological principles in examining factors related to the sport participant, coach, team, and the spectator.

MEMBERSHIP

Membership in the Association shall be of the following type; Member, Student Member, Fellow, and Fellow Emeritis. All membership categories will have equal privileges, except only fellows can vote on issues related to certification standards, ethical principles, and professional standards. Application for membership shall meet the following minimum requirements:

Member: Persons with a master's or doctorate degree from a "nationally" accredited institution in a field related to sport psychology, (e.g., physical education, psychology, counseling, etc.).

Student Member: Persons enrolled in a graduate program related to sport psychology in a "nationally" accredited institution.

Fellow: Persons who shall have: (1) demonstrated high standards of professional development by committing directly to the goals and long-range activities of the Association as evidenced by activities such as presentations at Association conferences, membership on Association committees, and contribution to the Annual Review of Applied Sport Psychology; (2) a doctorate from an accredited institution in a field related to sport psychology; (3) been a member of the Association for at least three consecutive years (during the first and second year of the Association only one or two years, respectively will be required); (4) attended at least two national meetings of the Association (only one required during the first year); (5) published at least two papers as principle author on sport psychology related topics in refereed journals; and (6) received approval by the Fellow Review Committee.

Fellow Emeritus: Persons shall have been a Fellow of the Association for a period of at least five years immediately prior to designation as a Fellow Emeritus by the Executive Board. (At the outset of the Association the person will have to be a fellow for a minimum of only two years and this will increase each

successive year by a year until the Association has been in existence for five years.)

DUES/CHARTER MEMBERSHIP

The membership year shall run from January 1 - December 31. All dues are payable to the secretary-treasurer. Dues for 1986 shall be \$30.00 for members and fellows and \$15.00 for students. Beginning with the 1987 fiscal year, dues will be \$35.00 for members and fellows and \$18.00 for student members with members who pay their dues by February 15 having the rate reduced to \$30.00 for members and fellows and \$15.00 for students. During the first year up until and including the October conference members can become charter members by joining for five years (1986-1990) if he or she is a member or fellow and three years (1986-1988) if a student by paying dues of \$125.00 or \$40.00 respectively. Future dues shall be determined by the vote of the Executive Board.

EXECUTIVE BOARD

The Executive Board shall be comprised of the president, president-elect, immediate past president, secretary-treasurer, intervention chair, health psychology chair, social psychology chair, publication director, membership director and student representative; all of whom will have voting privileges. The president will chair the Executive Board. All officers shall serve 3 year terms except for the student representative who shall serve a one year term. New members of the Executive Board will be voted on to the Board in the following sequence:

- | | |
|------|--|
| 1987 | Publication Director, Social Psychology Chair, President-Elect, Student Representative |
| 1988 | Secretary-Treasurer, Health Psychology Chair, President-Elect, Student Representative |
| 1990 | Membership Director, Intervention Chair, President-Elect, Student Representative |

Except for the student representative, at least one year must pass before past officers can rerun for any office. There are no restrictions on the election of the student representative. Members who are not officers can attend Executive Board meetings by invitation of the Board or by special written request to the Board. Requests must be received by the President no later than 60 days prior to the Executive Board meeting and must be approved by the majority of the Board.

ROLE OF EACH OFFICER

President

The president shall preside at all Association and Executive Board meetings and shall make arrangements for the conducting of all Association and Executive Board meetings. The President shall coordinate the activities of each committee and be an ex-officio

member of all committees and coordinate the election of all new officers. The president shall be authorized to sign checks in the absence of the secretary-treasurer and assign other Association duties to members in the event of unforeseen circumstances that affect the Executive Board structure or function. The President shall deliver a formal address to the membership at each Annual conference.

President-Elect

The President-Elect shall, during the absence of the President, perform all duties of the President and if the office of the President becomes vacant, the President-Elect shall succeed the President for the unexpired term of office. The President-Elect shall perform such other duties as assigned by the President and the Executive Board.

Past-President

The Past-President shall be responsible for the program at the Annual Conference and for arranging the Annual Conference. The Past-President shall coordinate the activities of the Section Chairs and the on-site Conference Director in the planning of the annual conference.

Secretary-Treasurer

The Secretary-Treasurer shall: (1) keep written records of all Executive Board meetings and Association business meetings; (2) keep a record of all monetary transactions; (3) be authorized to sign checks on behalf of the Association; (4) submit an annual report to the Executive Board and the members of the Association on the number of members and the receipt and disbursement of funds; and (5) tabulate all nomination and election results and prepare the annual budget in conjunction with the Executive Board.

SECTION CHAIRS

Each section chair shall be responsible for the coordination of activities residing within the usual domain of his or her designated area. These shall include providing leadership in the area, program planning, budget preparation and the appointment and supervision of ad-hoc committees as needed with approval of the President.

Publications Director

The publications director is responsible for publishing and editing the Association's newsletter, membership directory, announcements and additional materials as specified by the Executive Board.

Membership Director

The membership director shall be responsible for the establishment and maintenance of a membership data base, sending out membership renewal forms and coordinating the recruitment of members. Additionally, the membership director shall chair the fellow review committee and prepare an annual report for the Executive Board.

Student Representative

The student representative shall represent the interests of the students, recruit student members, provide a liaison between the Executive Board and the students, be responsible for planning and directing the student meeting at the annual meeting, and perform whatever other duties the president requests.

ELECTION OF OFFICERS

The January Newsletter will request that Association members send to the Secretary-Treasurer by February 15th their recommendations for possible candidates to run for the offices eligible for election. The Executive Board in its March meeting will evaluate the recommendations and determine a slate of two to three individuals for each office. Nominees for the office of president-elect, section chair, and student representative shall submit a brief biography and position statement. All other nominees shall submit only a biography. Members will be given an election ballot in the August Newsletter which must be returned with a postmark of no later than September 15th. The person receiving the largest number of votes shall be elected.

MEETINGS

The Annual Conference shall be held as close as possible to the first two weeks of October with the exact time and place being determined by the Executive Board. The Executive Board will meet the second week of April and during the annual meeting. Special meetings of the Association or the Executive Board may be called by the president whenever requested by a majority of the Executive Board or by a two-thirds vote of the membership. The Association will attempt to pay for Executive Board meeting expenses.

NEWSLETTER

There will be three newsletters a year: (mid-January, April/May, mid-August). The Publication Director should receive all information for the January 1986 Newsletter no later than December 1, 1985. Newsletters should contain content such as the following: President's message, description of the Association, membership information, messages from the section chairs and student representative, announcement of conference dates and program, interviews with prominent sport psychologists, relevant articles, job openings and so forth. The first newsletter will describe AAASP, announce the upcoming conference, call for papers

and the establishment of the Annual Review of Applied Sport Psychology, announce a logo contest (winner receives one year free membership) and request volunteers to serve as convention assistants.

SEQUENCE FOR COMMUNICATION/MAILINGS

November	Awareness; Officers; Purpose (general & committees); Charter members
January (mid)	Request for nominations: due Feb. 15th Dues Statement - due Feb. 15th (pre-payment bonus) President's Address Treasurer's Report/Minutes Executive Board Meeting
April (7-10)	Exec Board Meeting: Final Nominations, Section Committee Reports, Conference Report
April/May	Conference Highlights, Pre-registration (due June 1st)
May 1	Acceptance of papers
August (mid)	Conference Program Election Ballot (postmark Sept. 15) Minutes of Executive Board/Documents
October 12-15	Conference

COMMITTEES

SECTION COMMITTEES: There shall be three section committees: Intervention/Performance, Health Psychology, Social Psychology. The section committees shall be directed by the respective section chair and be comprised of up to five members. Appointments will last for three years with initial membership being adjusted and rotated so no more than two terms expire each year. Committee members shall be appointed by the section chair with the advice of the Executive Board.

FELLOW REVIEW COMMITTEE: The Fellow Review Committee shall consist of the Membership Director and the three section chairs with the Membership Director serving as the chair. Persons interested in being considered for Fellow status shall submit appropriate materials (including the names, addresses, and telephone numbers of two Association members who could serve as potential references) to the Membership Director. Any Association member can encourage qualified people to apply for Fellow status.

PAST PRESIDENT'S COUNCIL

The PPC is comprised of the past five most recent Past Presidents of the Association, chaired by the Immediate Past President. At the request of the Executive Board, the PPC will advise the Executive Board on issues of importance to AAASP and assume any duties as assigned by the President.

ANNUAL REVIEW OF APPLIED SPORT PSYCHOLOGY

The Annual Review of Applied Sport Psychology is to be sponsored by AAASP and edited by Dr. Ronald Smith. It will contain invited papers from the first AAASP Conference. Papers should be submitted by October 1st with the intent being that the Annual Review will be mailed to all conference participants by the end of December 1986. Conference registration fees will include receipt of the Annual Review. AAASP members not attending the conference will be given the opportunity to purchase the proceedings at a reduced rate. Sponsorship for the annual review will be sought by contacting potentially interested businesses. The exact nature of a business advertisement/sponsorship was not determined.

OCTOBER CONFERENCE DISCUSSION

- I. Place: Boone, NC University Center for Continuing Education, Appalachian State University
 - A. John will contact the conference center to see if they can accommodate (lodging, convenient air transportation, ground travel time, and a large meeting room) a group of our anticipated size.
 - B. If Boone is not available, John will check other sites in the Southeast, if none are available he will call Jean (Asilomar, San Diego), Ron (San Juan), Mike (Washington, D.C.) and Dan (Starved Rock) to check on alternate sites.
- II. Time: First, October 16-19; Second, October 9-12; Third, October 23-26
- III. Keynote Speakers
 - A. One keynote speaker in each section
 - B. No honorariums or fee waivers will be given to keynote speakers or other presenters.
 - C. No sessions conflict with the keynotes. Follow keynote talks with thematic development groups (keynote speaker serves as one of the facilitators).
- IV. Workshops
 - A. Thursday Workshops: Afternoon and maybe in the morning if people have to fly in on Wednesday.

- B. Other workshops can be scheduled during the Friday-Sunday time (will overlap with other program sessions).
 - C. There will be special fees (\$10-15 discussed) for each workshop which will cover expenses for handouts. All remaining workshop revenue will go into a grant development fund.
 - D. In the future we may wish to examine obtaining continuing education credit for workshop participants.
- V. Section chairs: Confirm that invited speakers would be willing to prepare a paper of the presentation for the Annual Review of Applied Sport Psychology. See if the paper can be submitted prior to the conference.
- VI. A conference evaluation form should be developed. Ideas should be brought to the April board meeting.
- VII. A social activity indigenous to the area, e.g., blue grass music and clogging, should be planned.
- VIII. Summary of Program
- A. Each section will have at least two hours for invited symposia/talks/colloquia, one keynote address, 1-3 workshops (one for Health Psychology and Social Psychology and three for Intervention/Performance), three thematic development group sessions, 1-2 poster sessions.
 - B. The symposia concept was viewed as more desirable than the one hour talks.
 - C. Section chairs will bring to the April Board meeting their tentative program needs based upon invited participants and an evaluation of the submitted papers.
 - D. See the following page for a tentative "blocking" of the October meeting.

TENTATIVE BLOCKING FOR OCTOBER PROGRAM

	Thursday	Friday	Saturday	Sunday
	9-9:15			
	Opening Remarks			
Need to Schedule Student Meeting	10-12 W?	KT TDG's (1 hr) Talks/Sym (1 hr)	KT TDG's Talk/Sym (if needed)	3 hrs. Brunch & PS W (2hrs)
	1:30-4:30 PM	1:30-4:30 PM	1-5 PM	
	W	W	Talks/Sym	
	Eve 7-10	5:00	7:00	
	KT TDG's & PS	Social hour Banquet Pres. Address Business Mtg.	W (2-3 hours) Entertainment	

KT = Keynote Talk

W = Workshop

TDG's = Thematic Development Groups with a facilitator

Talk/Sym = Invited or submitted talks and/or symposium which will be planned by the different sections

PS = Poster Session


MISCELLANEOUS ITEMS

- I. Bill Straub will assume the responsibility for drafting the Constitution and By-Laws document. Input regarding content will come from the minutes of Executive Board action taken during the October 4-6 organizational meeting. The Constitution and By-Laws should be sent to members of the Executive Board prior to the April Executive Board meeting where it will be discussed and finalized.
- II. Jean Williams will investigate the advantages of incorporation and nonprofit status and report the results of the investigation at the April Executive Board meeting.
- III. Members who elect to pay dues for more than one year are exempt from dues increases that occur during the period for which payment is received.
- IV. One of the primary purpose of the April Executive Board meeting is the integration and finalization of the program for the October conference.

- V. An attractive framable certificate will be designed (with logo) for charter members. Eventually all members may receive a certificate of membership.

Meeting Adjourned, 3:00 PM Sunday October 6, 1985

Respectfully submitted,



Jean M. Williams (JMS)
AAASP Secretary/Treasurer

AAASP

MEMBERSHIP APPLICATION FORM

NAME: _____
 last first middle

INSTITUTIONAL AFFILIATION: _____

ADDRESS: _____

PHONE: _____
 work home

HIGHEST DEGREE: _____

AREA: _____

WHERE OBTAINED: _____

BRIEF DESCRIPTION OF YOUR SPORT PSYCHOLOGY INTERESTS:

AREAS OF INTEREST (please check all that apply)

- _____ Intervention/Performance Enhancement
- _____ Social Psychology
- _____ Health Psychology

MEMBERSHIP CATEGORIES:

Charter Membership (Available through 1986 annual conference)
_____ Member (5 year membership) \$125.00
_____ Student Member (3 year membership) \$40.00

Regular Membership
_____ Member _____ \$30.00 (1 yr) _____ \$60.00 (2 yrs)
 \$90.00 (3 yrs)
_____ Student Member \$15.00

* Members who pay for more than one year are exempt from dues increases for the paid period.

Please make check payable to AAASP and mail to:
Dr. Jean Williams
Secretary/Treasurer
Exercise and Sport Science Department
University of Arizona
Tucson, AZ 85721