

## Planning Your Health Care Spending Account Worksheet

	Number	Unit Cost	Estimated Out-of-Pocket Expenses		Number	Unit Cost	Estimated Out-of-Pocket Expenses
<b>Expense Type</b>			<b>Expenses</b>	<b>Expense Type</b>			<b>Expenses</b>
<i>Medical Plan Deductible</i>				<i>Medical Plan Deductible</i>			
<i>Medical Co-payments –</i>				<i>Medical Co-payments –</i>			
Primary				Primary			
Specialist				Specialist			
<i>Dental Deductible</i>				<i>Dental Deductible</i>			
Orthodontia				Orthodontia			
Co-payment				Co-payment			
<i>Prescription Co-payments</i>				<i>Prescription Co-payments</i>			
Generic Retail				Generic Retail			
Generic Mail				Generic Mail			
Primary Brand Retail				Primary Brand Retail			
Primary Brand Mail				Primary Brand Mail			
Non-Primary Brand Retail				Non-Primary Brand Retail			
Non-Primary Brand Mail				Non-Primary Brand Mail			
<i>Prescription lenses and frames</i>				<i>Prescription lenses and frames</i>			
<i>Eye exam</i>				<i>Eye exam</i>			
<i>Contact lenses</i>				<i>Contact lenses</i>			
<i>Contact lens solutions &amp; cleaners</i>				<i>Contact lens solutions &amp; cleaners</i>			
<i>Private hospital room</i>				<i>Private hospital room</i>			
<i>Lasik surgery</i>				<i>Lasik surgery</i>			
<i>Diabetic supplies</i>				<i>Diabetic supplies</i>			
<i>Prescription vitamins</i>				<i>Prescription vitamins</i>			
<i>Aspirin/Motrin/Tylenol OTC</i>				<i>Aspirin/Motrin/Tylenol OTC</i>			
<i>Cold Medicines OTC</i>				<i>Cold Medicines OTC</i>			
<i>Flu medicines OTC</i>				<i>Flu medicines OTC</i>			
<i>Allergy medicines OTC</i>				<i>Allergy medicines OTC</i>			
<i>Mileage appointments/pharmacy pick up/IRS</i>				<i>Mileage appointments/pharmacy pick up/IRS</i>			
<i>Antacid OTC</i>				<i>Antacid OTC</i>			
<i>Massage Therapy/letter needed</i>				<i>Massage Therapy/letter needed</i>			
<b>Total</b>				<b>Total</b>			