

# WELCOME

to

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**Promoting Empowerment & Resiliency  
in Children and Families  
Who Have Experienced  
Abuse and Neglect**

# Promoting Empowerment & Resiliency



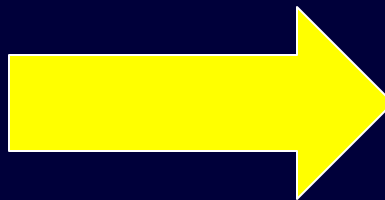
# Empowerment is...

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- Approach that helps kids plan for and control their lives in order to develop to their full potential.

## Fundamental shift:

**SOCIAL  
CONTROL**



**SELF  
DETERMINATION**

# Goals of Empowerment

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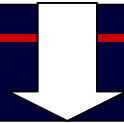
- Enhance ability of individuals & families to develop the power to act on their own behalf
- Develop *within* individuals the ability to gain a belief in self & to have sense of self worth.

# Resiliency 'protects' Empowerment

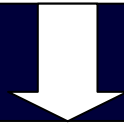
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**Resiliency**

**Recognition & Respect  
Individual and Family**



**Identification  
of Barriers**

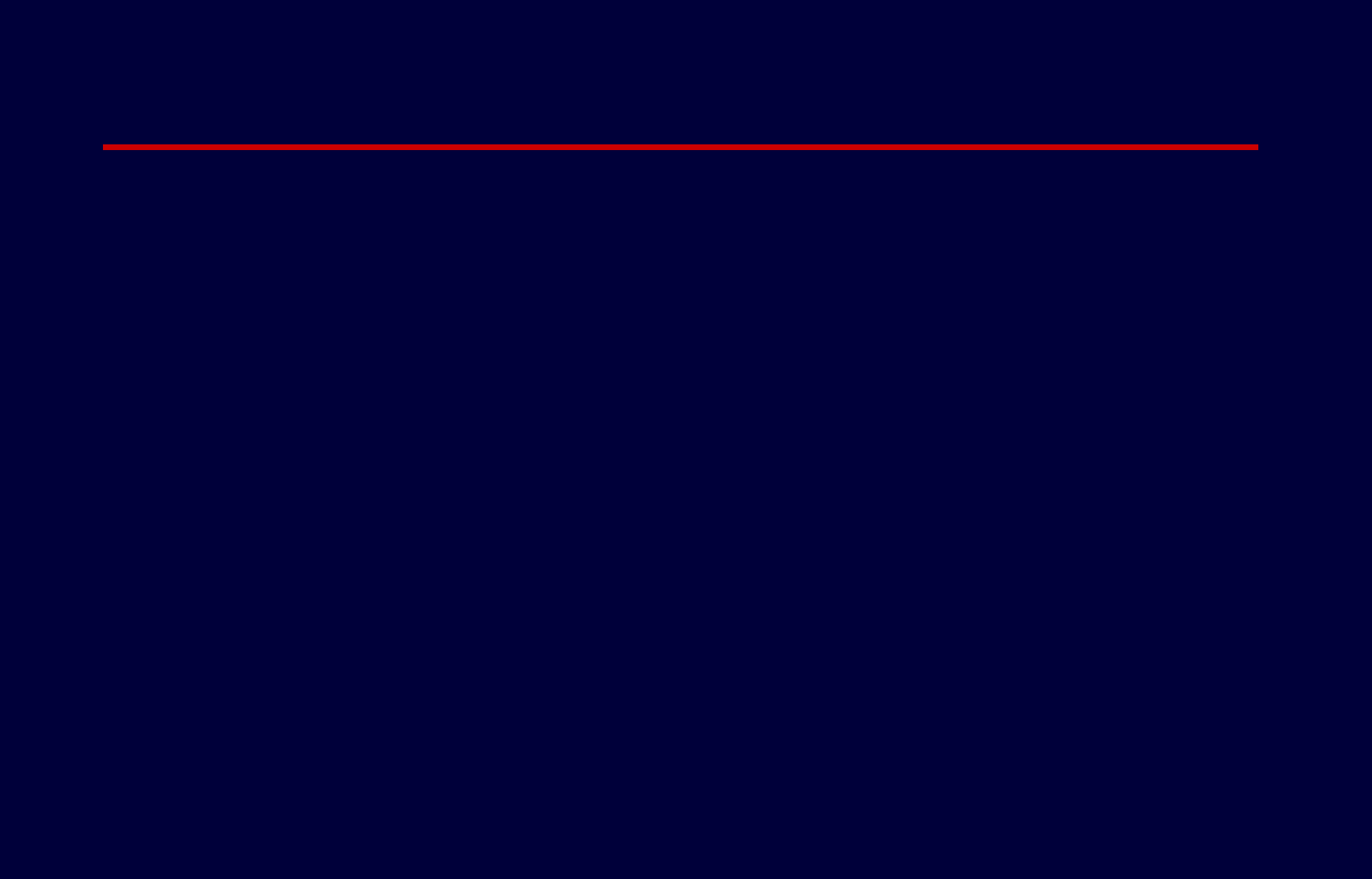


**Overcome Barriers  
Support**

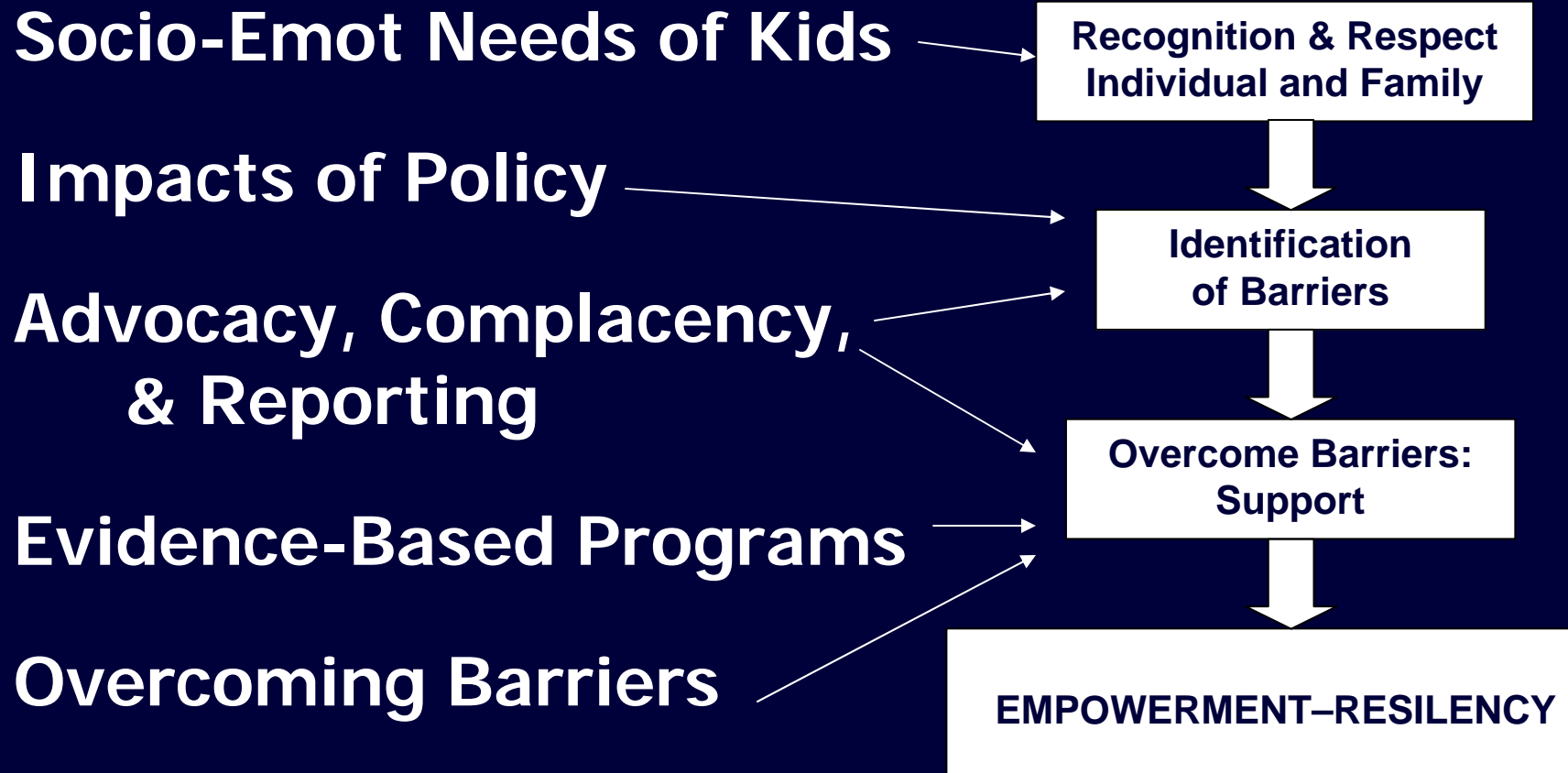


**EMPOWERMENT – RESILENCY**

# **Empowerment Model**



# Agenda: *Empowerment Model*



# Evidence-Based Practice

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decision-making process  
integrating  
theory & research



# Why important?

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- **Best possible service delivery**
- **Funding source requirement**
- **Resource enhancement**
  - **Not wasting \$ on ineffective strategies.**
  - **Not wasting time on re-inventing wheel.**

# What is EB Program?

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- Rigorously tested and evaluated
- Likely to be effective with proper implementation
- Knowledge that program is appropriate for audience and setting

# **LOOK** ing for EBP

## Categories for Selecting EBP

- **Program Match**
- **Program Quality**
- **Organizational Resources**

Source: Small, S. A., Cooney, S. M., Eastman, G., & O'Connor, C. (2007). Guidelines for selecting evidence-based program: Balancing community needs, program quality, and organizational resources. University of Wisconsin-Madison and University of Wisconsin-Extension.

# Program Match

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- Fits goals agency wants to achieve
- Addresses level & complexity of audience needs
- **Length** (ability of participants to attend)
- Match with values & culture of intended audience
- Complimentary to other agency programs

# Program Quality

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- **Research-based evidence of effectiveness**
- **Listed on respected evidence-based program registries**

# Organizational Resources

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- **Expertise – staff**
  - Need for collaboration
- **Resource support**
  - Financial
  - Time



# Overcoming Barriers

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- **Validation: Collective Experience**
- Validation
  - Reduces self blame
  - Increases tendency to look beyond personal failure as cause of situation

Source: Parsons, Gutierrez, & Cox (1998). *Empowerment in Social Work Practice: A Sourcebook*, CA: Brooks Cole.

# OHIO Youth Advisory Board (Overcoming Hurdles In Ohio)

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Panel to address  
empowerment  
oriented questions



# Moving Forward:

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Creating  
Empowered & Resilient  
Children & Families