

**EXERCISE SCIENCE**  
Kinesiology Division (KNS)  
School of Human Movement, Sport, and Leisure Studies

NAME \_\_\_\_\_

**2009-2010**

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

**MAJOR CURRICULUM 82-87 HRS**

**REQUIRED COURSES 40 HRS**

_____	KNS 2270 Introduction to Kinesiology @	3
_____	KNS 2290 Lifetime Fitness	2
_____	KNS 2300 Structural and Functional Bases of Human Movement #@	3
_____	KNS 3400 Motor Development Across Lifespan #	3
	OR	
_____	KNS 3500 Motor Learning #	3
_____	KNS 3600 Exercise Physiology #@	3
_____	KNS 3610 Applied Exercise Physiology #	3
_____	KNS 3700 Biomechanics of Human Movement #	3
_____	KNS 3870 Exercise Science Practicum *** #	3
_____	KNS/PEG/DANC Activities** (take for grade only) (Select in consultation with faculty advisor)	
_____	_____, _____, _____, _____	4
_____	BIOL 3320 Human Anatomy @	4
_____	FN 2070 Nutrition	3
_____	SM 2140 Introduction to Research in HMSLS #	3
_____	SM 3650 Foundations of Sport Psychology #	3
	OR	
_____	SM 3660 Psychological Aspects of Exercise and Fitness	3

**CHOOSE ONE SPECIALIZATION (Exercise Programming or Human Movement)**

**EXERCISE PROGRAMMING 42-47 HRS**

_____	KNS 4230 Exercise Testing and Prescription #	3
_____	KNS 4250 Exercise Testing and Prescription for Special Cases #	3
_____	KNS 4290 Sport Conditioning #	3
_____	KNS 4400 Designing and Directing Exercise Programs #	3
_____	KNS 4890 Exercise Science Internship *** #	15
_____	SM 3750 Sport and Public Assembly Facilities #	3
_____	SM 3900 Legal Aspects of Sport and Recreation #	3
_____	Selectives (in consultation with faculty advisor)	9-14

**HUMAN MOVEMENT 42-47 HRS**

_____	KNS 3400 Motor Development across the Lifespan #	3
	OR	
_____	KNS 3500 Motor Learning #	3
_____	KNS 4000 Facilitating Movement Change in a Tutorial Setting #	3
_____	KNS 4020 Measurement and Evaluation of Human Movement #	3
_____	KNS 4810 Senior Project #	4
_____	SM 2210 History and Philosophy of Sport	3
	OR	
_____	SM 4250 Sport and Gender #	3
_____	Selectives (in consultation with faculty advisor)	2-10
_____	Minor or Cognates ##	16-24
	(A minimum of 26 hrs. must be completed from Selectives and Minor/Cognate)	

**COLLEGE REQUIREMENTS 6-8 HRS**

_____	IPC 1020 @	3
_____	Mathematics Elective* _____	3-5

**BG PERSPECTIVE REQUIREMENTS**

_____	GSW 1120 @ (_____ GSW 1100/1110)	
	<u>Natural Science</u>	
_____	Elective _____	
_____	Elective _____	
	<u>Social and Behavioral Sciences</u>	
_____	Elective _____	
_____	Elective _____	
	<u>Humanities and Arts</u>	
_____	Elective _____	
_____	Elective _____	
	<u>Cultural Diversity in the United States</u>	
_____	Elective _____	
	<u>Additional BG Perspective Course</u>	
_____	Elective _____	



One BG Perspective course above is an International Perspective course.

\* Mathematics  
One of the following must be completed: 1120, 1150, 1160, 1220, 1260, 1280, 1300, 1310, 1340, 1350, 2320.

- \*\* Activity courses cannot be repeated.
- \*\*\* See your faculty advisor.
- ## Each student in the Human Movement specialization must select either a University minor of at least 21 hours **OR** 2-3 cognates totaling 16 hours. (A cognate requires a minimum of 8 hours in a discipline. Example: A student could have two 8-hour cognates or three 8-hour cognates.)
- # Refer to current Undergraduate Catalog for prerequisites.
- @ A letter grade of "C" or better is required.  
Courses in this major may not be taken on S/U basis.

**Admission/Matriculation Requirements:**  
Complete the application for program admission available in the Kinesiology Office.

**SENIOR YEAR: YOU MUST** apply for graduation on-line prior to the term deadline or afterward in Room 365 Education Building. You also must complete your last 30 hours immediately preceding graduation at BGSU. If you wish to deviate from this policy you must request permission to do so in 365 Education Building.

Degree Audit Report (DAR) is available on MyBGSU.  
This is an unofficial record of a student's progress.