

Health, Wellness and Insurance Committee
January 20, 2009
Notes by Faith Olson

“Know Your Numbers” update

BGSU, partnering with Medical Mutual, will again be running the program “know your numbers”. Eligible BGSU employees will be tested so they can know their numbers. The program will be held on February 23 at Firelands, and on main campus February 24, 25, and 26, 2009. Eligible employees will be full-time and part-time faculty, administrative staff and classified staff. The testing and reporting of the numbers (height, weight, blood pressure, waist measurement, and blood testing from a finger prick) will be completed in rooms 1, 2, and 3 of the College Park Office Building. Using your numbers gained from the testing, eligible employees can complete an online risk assessment.

Those who complete the online health risk assessment will earn \$47 towards their healthcare contributions for the plan year 2009 (for those who have BGSU health insurance). The credit will be applied in one month sometime before the end of 2009. More than 600 individuals participated last year.

Open Enrollment update – dependents, online by open enrollment hopefully fall 2009 for the 2010 plan year, starting 1/1/2010. 180 dependents between the ages of 19-23 were removed from the health care plan because they are not students. 30 are having their student status verified. These students use the full-time student status form.

Prescription drug comparison

Caremark is owned by CVS. All eligible health care plan holders received a discount card from CVS. This can be used at the closest CVS pharmacies (Monroe or Findlay) for discounts on purchases other than prescription drugs.

Buck Consultants have been hired conduct a financial analysis between our current Caremark vendor and the Ohio Rx collaborative.

Healthcare RFP update

Findley Davies are in process of developing questions as part of the process of the Request for Proposal for claims administration of our medical plan and also new plan opportunities. The RFP is schedule to be sent to vendors at the end of January.

Donna – meeting w/CSC on Wednesday

Donna will be presenting on “How to be a better health care plan consumer”.

Homework

Each member of the HWI committee is being asked to do some research on Health Savings Accounts and Health Reimbursement Plans. These are not spending accounts

Questions

Because of changes in IRS regulations as they relate to 403 (b) plans, some of the vendors opted not to continue to be in the business of voluntary 403 9b) plans and other vendors were not able to comply with the new regs. Therefore, at this time 7 vendors are on the BGSU list. For an updated list, please see- <http://www.bgsu.edu/offices/ohr/benefits/page12567.html>

Next meeting will be Feb 9, 2009 from 2:30 – 4:00 pm.