**OUTDOOR PROGRAM OPPORTUNITIES**

Get involved and enjoy the outdoors!

**OUTDOOR PROGRAM TRIPS**
- Climbing, Rappelling and Camping 
  Saturday, Oct. 8 - Monday, Oct. 10 (Fall Break) 
  Hocking Hills, OH
- Moonlight Canoeing 
  Friday, Oct. 14 | Findlay, OH
- Day Hike 
  Sunday, Oct. 16 | Oak Openings Metropark | Swanton, OH

CLIMBING WALL
- Visit the Climbing Wall at the SRC! At 35 feet tall, opportunities are offered for novice, intermediate, and advanced climbers.
  - Monday - Wednesday | 7 - 10 PM
  - Sunday | 2 - 5 PM

**TEAM BUILDING**
- The Outdoor Program offers customized sessions to any group aspiring to build a productive and positive environment. Members create beneficial relationships, develop effective communications, and ultimately have successful experiences.
  - Book an Experience: outdoorpro@bgsu.edu

**FREE HIV TESTING**

This testing service, offered at the SRC, is completely FREE and confidential. Call the Wellness Connection at 419.372.9355 to schedule an appointment or walk-ins are always welcome. LGBT friendly and affirming.

1st and 3rd Wednesday of every month
10:30 AM - 2:30 PM

**PROFESSIONALISM IN THE WORKPLACE**

Thursday, Oct. 6 | 8 PM | SRC Classroom

Featuring the BGSU Career Center and Dr. Stephen Kampf, Director of Recreation and Wellness

Topics include:
- Resume writing tips and trick
- Interview dos and don'ts
- Mock interviews
- BGSU Career Center services

Register Online: goo.gl/UIIJTDg

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**STOP THE TEXTS. STOP THE WRECKS.**

You don’t want them responding to your texts.

**FUNDRAISING VENUES FOR STUDENT ORGANIZATIONS**

The Outdoor Courtyard is located at the SRC outside of Andrews Pool and features a sand volleyball court, gas fire pit, and gazebo with seating.

Dave Hollinger
419.372.7477 | holling@bgsu.edu

Forrest Creason Golf Course is an 18 hole course located on campus with a driving range, putting green, clubhouse and beverage/hot dog cart.

Kurt Thomas
419.372.1238 | kurttom@bgsu.edu

**A Wellness Connection Publication**
214 Student Recreation Center | www.bgsu.edu/recwell
wellness@bgsu.edu | 419.372.WELL (9355)

**Submit to Stall Talk**
Share events and information with the BGSU campus community!

Online Form: goo.gl/JCIcsl