Prescription medications are among the most highly abused substances in the United States. This site helps to educate prescription drug users on the importance of safety.

Did you know?
About 100 Americans die every day from unintentional drug overdoses, mostly resulting from prescription drug abuse equating to about one death every 15 minutes.

For More Information: cardinalhealth.com/generationrx
Follow us on Twitter: @BGSUGenRX

FREE HIV TESTING
Test Information
- Confidential
- Simple gum swab, no blood necessary
- In a discreet location
- 30 minute results

Wednesday, April 22
9:00 AM - 12:00 PM

Summer 2015 Dates:
May 6, May 20, June 17, July 15, August 19
11:00 AM - 2:00 PM

Testing location: Perry Field House
Call 419.372.9355 or stop by the Wellness Connection to schedule an appointment.

Beat the Heat: How to Survive Finals Week
Communicate With Professors: Talk with professors about in-class issues; they are there to help.

Get Enough Sleep: Staying up late is not helpful. Sufficient sleep helps the mind focus.

Take Short Breaks: Studying non-stop is not helpful. After a long period, your concentration is broken and the material that you are studying is not retained.

Choose Your Environment Carefully: Don’t start studying just anywhere. Find a quiet place where you can concentrate without any distractions.

GET AHEAD WITH SUMMER CLASSES
Join more than 7,000 BGSU students who take advantage of Summer Session to speed up completion of their degree, ease their course load, become familiar with campus, and benefit from smaller classes.

First 6-Week Session: May 18–June 26
8-Week Session: June 15–August 7
Second 6-Week Session: June 29–August 7

Thank you to all of our Sexual Assault Awareness Month 5K and Dog Walk participants! (April 11, 2015)

Peer Education Class (HHS 4400)
Becoming a peer educator is a great way to get involved on campus, strengthen public speaking skills with presentations, and make new friends. It gives students the opportunity to learn from other students as well. A class is offered to those interested in peer education.

How to Become a Peer Educator:
After successfully completing HHS 4400 (a 2-credit hour class offered both Fall and Spring semesters), students may become peer educators.

While students are peer educators, they are required to attend a 1-hour meeting each week and complete a 1-hour office hour each week in the Wellness Connection.

For More Information:
Wellness Connection | wellness@bgsu.edu | 419.372.9355

Golf Student Study Break Special
Through May 8
10:00 AM - 2:00 PM | Monday - Friday
Take a break from studying to enjoy the weather outside. This special includes 18 holes, cart, hot dog, pop, and chips for $25. Available to BGSU Students with valid ID.

Call For Tee Times: 419.372.2764 or Book Online: rectrac.bgsu.edu.

Beat the Heat: How to Survive Finals Week
Communicate With Professors: Talk with professors about in-class issues; they are there to help.

Get Enough Sleep: Staying up late is not helpful. Sufficient sleep helps the mind focus.

Take Short Breaks: Studying non-stop is not helpful. After a long period, your concentration is broken and the material that you are studying is not retained.

Choose Your Environment Carefully: Don’t start studying just anywhere. Find a quiet place where you can concentrate without any distractions.

Get Ahead with Summer Classes
Join more than 7,000 BGSU students who take advantage of Summer Session to speed up completion of their degree, ease their course load, become familiar with campus, and benefit from smaller classes.

First 6-Week Session: May 18–June 26
8-Week Session: June 15–August 7
Second 6-Week Session: June 29–August 7

Thanks to all of our Sexual Assault Awareness Month 5K and Dog Walk Participants! (April 11, 2015)