Bystander Intervention
Strive to be the Owl!

Have you ever witnessed an event that made you feel uneasy? Did you intervene or think about intervening? Bystander intervention is the act of assisting someone in an emergency. There are five intervention styles people use when intervening. What animal are you like? We portray different animals depending on the situation, but we should strive to be the owl.

Are you like a Teddy Bear?
“ I think I should, but I’m not sure.”
Do you:
• Notice a problem, but are timid to act?
• Need approval?
• See costs as greater than rewards?
If yes, you are like a TEDDY BEAR.

Advantage: Willing to assist.
Disadvantage: You give up intervening in order to fit in.

You need: Confidence
It’s nice to be willing to help someone. You just need a small push to act on your thoughts. Look for the next stall talk to see what animal is featured next!

Mock DUI Crash
Date: Friday, April 12
Time: 12:00 PM - 1:00 PM
Location: Intramural Fields
The Wellness Connection is partnering with Alpha Omicron Pi, BG Fire Department, BGSU Campus Police and Wood County Hospital in order to show you the negative consequences of driving under the influence with the presentation of a mock DUI crash.
For more information:
Brittany Roth
broth@bgsu.edu

Summer Splash Late Night Event
Date: Thursday, April 11
Time: 10:00 PM - 1:00 AM
Location: Student Recreation Center
Ahoy there mate! Don’t forget to attend the next late night event, Summer Splash! Summer Splash is a pirate-themed preview of summer with an indoor pool party. There features a live DJ, a 3-meter “walk the plank” splash contest, inflatables, Aqua Zumba, raffle prizes, display tables, free food, and other giveaways. Present a valid student ID to enter.
For more information:
Brittany Roth
broth@bgsu.edu

Sexual Assault Awareness Expert Panel
Date: Thursday, April 4
Time: 7:00 PM - 8:00 PM
Location: Eva Marie St. Theatre in the Wolfe Center
Preview short excerpts of the Spring play, Spring Awakening! Actors perform scenes related to sexual assault issues. Following each excerpt, an expert panel discusses each scene in detail and answers any questions you may have regarding sexual assault.
For more information:
Brittany Roth
broth@bgsu.edu

SAAM 5K and Dog Walk
Date: Saturday, April 20
Time: 5K - 10:00 AM
Dog Walk - 10:15 AM
Location: Beginning at the SRC and continuing throughout the BGSU Campus
Cost: Student 5K Run/Walk: $10
Student Dog Walk: $10
Non-Student 5K Run/Walk: $15
Non-Student Dog Walk: $15
Show your support for Sexual Assault Awareness Month and stay active by participating in the SAAM 5K and Dog Walk! This event is a fundraiser and benefit for the SAAFE Center in Wood County, which provides crisis intervention and emotional support for victims of sexual assault, stalking, sexual harassment, and sex trafficking. Registration is required and can be completed online at bgsu.edu/offices/sa/recwell/wellness/page127179.html or at the SRC Front Desk. Participants receive a t-shirt and dogs receive a bandana.
For more information:
Laura Lauer
llauer@bgsu.edu

Mock DUI Crash
Date: Friday, April 12
Time: 12:00 PM - 1:00 PM
Location: Intramural Fields
The Wellness Connection is partnering with Alpha Omicron Pi, BG Fire Department, BGSU Campus Police and Wood County Hospital in order to show you the negative consequences of driving under the influence with the presentation of a mock DUI crash.
For more information:
Brittany Roth
broth@bgsu.edu

Like Us on Facebook!
www.facebook.com/bgsuWellnessConnection

Follow Us on Twitter!
www.twitter.com/BGSUwellness

A Wellness Connection Publication
214 Student Recreation Center
www.bgsu.edu/recwell
wellness@bgsu.edu
419.372.WELL (9355)

BGSU Core Value #2: Intellectual and Personal Growth
Wellness Connection student supervisor Brittney Peer grew personally through hard work and dedication, transitioning from a student employee position last school year to a student supervisor position this school year. How have you lived up to the core values of BGSU and pursued actions leading toward intellectual and personal growth?