Job Title: **Aquatics Exercise Instructor**

A. **Main Purpose of the job:** Serve as an instructor of Group Exercise for Senior Citizens and provide a quality, safe, fun, and effective learning environment.

B. **Primary responsibilities or key duties of the job (tasks performed regularly):**
   1. Enforce all rules and regulations.
   2. Maintain daily records and facility checks.
   3. Strong written and verbal communication skills.
   4. Demonstrate knowledge of exercise principles, kinesiology, and biomechanics.
   5. Educate participants on proper and safe exercise form, including exercise modification.
   6. Monitor participants and their ability to ensure proper use of equipment and technique.
   7. Motivate, lead, and guide participants to an effective workout.
   8. Demonstrate first aid safety, CPR, AED, BBP, and emergency action plan for the SRC.
   9. Assist patrons and provide excellent customer service.
   10. Conduct pre-class, and post-class duties appropriate for the storage of all equipment.
   11. Assist with equipment cleaning and inspection.
   12. Clean aquatic areas as assigned.
   13. Maintain open communication with professional and graduate assistant Aquatic staff members.
   14. Promote the mission of Recreation and Wellness.

C. **Additional duties (tasks performed occasionally):**
   1. Attend regularly scheduled meetings throughout the year.
   2. Maintain positive relations and rapport with patrons.
   3. May be required to work special events outside regular operation hours.
   4. All other duties assigned by your supervisor.

D. **Basic Qualifications:**
   1. Possess and maintain certification in CPR, First Aid, AED.
   2. Complete Preventing Workplace Harassment and Risk Management training.
   3. Ability to work in a diverse recreational program and possess the skills to teach older age groups and all skill levels.