**Cobalt-60**

1. **Radioactive Material Identification**

<table>
<thead>
<tr>
<th>Common Names: Cobalt-60</th>
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<tbody>
<tr>
<td>Atomic Number: 27</td>
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<tr>
<td>Chemical Form: Cobalt metal</td>
</tr>
<tr>
<td>Chemical Symbol: Co-60 or $^{60}$Co</td>
</tr>
<tr>
<td>Mass Number: 60 (33 neutrons)</td>
</tr>
<tr>
<td>Physical Form: Thin cylinder of cobalt metal</td>
</tr>
</tbody>
</table>

2. **Radiation Characteristics**

<table>
<thead>
<tr>
<th>Principle Emissions</th>
<th>$E_{\text{Max}}$ (keV)</th>
<th>$E_{\text{eff}}$ (keV)</th>
<th>Dose Rate ($\mu$Sv/h/GBq at 1m)</th>
<th>Shielding Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beta* ($\beta$)</td>
<td>318 (100%)</td>
<td>96</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Gamma ($\gamma$) / X-rays</td>
<td>1173 (100%)</td>
<td>-</td>
<td>370</td>
<td>HVL Lead: 1.2 cm</td>
</tr>
<tr>
<td>Alpha ($\alpha$)</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Neutron (n)</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Progeny: Nickel-60 (Ni-60)
3. Detection and Measurement

Methods of detection (in order of preference):

1. A radiation survey meter equipped with an energy-compensated Geiger Mueller detector. (Ludlum)

2. Ion chamber survey meter - tends to be less sensitive than a Geiger Mueller survey meter but is able to respond more precisely in higher radiation fields. (Fluke)

3. Gamma scintillation detector - very sensitive but is also energy dependent. Must be calibrated for Co-60 before it can be used for dose assessment surveys.

Dosimetry

<table>
<thead>
<tr>
<th>Whole Body</th>
<th>Skin</th>
<th>Extremity</th>
<th>Neutron</th>
</tr>
</thead>
</table>

Internal: Sealed sources pose no internal radiation hazard. However, in the event of loss of containment by the sealed source, all precautions should be taken to prevent inhalation or ingestion of the material.

Critical Organ(s): None

Annual Dose Limits:
- Non-radiation workers: 1 mSv per year
- Radiation workers: 50 mSv per year, 100 mSv total over five years
- Pregnant radiation workers: 4 mSv over the balance of the pregnancy

4. Preventative Measures

Engineering Controls:

Personal Protective Equipment: For normal handling of unsealed sources only. Always wear disposable gloves, safety glasses, and whatever personal protective equipment and clothing appropriate to the material handled.

Special Storage Requirements:

5. Control Levels

<table>
<thead>
<tr>
<th>Oral Ingestion</th>
<th>Inhalation</th>
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</thead>
<tbody>
<tr>
<td>ALI (kBq)</td>
<td>ALI (kBq)</td>
</tr>
<tr>
<td>18,500</td>
<td>7,400</td>
</tr>
</tbody>
</table>

Exemption Quantity (EQ): 100,000 Bq
### 6. Non-radiological Hazards

Prolonged exposure to airborne particles may result in coughing, dyspnea, decreased pulmonary functioning and respiratory hypersensitivity. Confirmed animal carcinogen with unknown relevance to humans.

OSHA Permissible Exposure Limit (PEL): 0.1 mg/m$^3$

### 7. Emergency Procedures

#### Personal Decontamination Procedures
- Wash well with soap and water, and monitor skin
- Do not abrade skin, only blot dry
- Decontamination of clothing and surfaces are covered under operating and emergency procedures

#### Spill and Leak Control
- Alert everyone in the area
- Confine the problem or emergency (includes the use of absorbent material)
- Clear area
- Summon aid

#### Damage to Sealed Radioactive Source Holder
- Evacuate the immediate vicinity around the source holder
- Place a barrier at a safe distance from the source holder (minimum 5 meters)
- Identify area as a radiation hazard
- Contact emergency number posted on local warning sign

#### Suggested Emergency Protective Equipment
- Gloves
- Footwear Covers
- Safety Glasses
- Outer layer or easily removed protective clothing (as situation requires)