Title Page

Lists of studies located for
“Religion in families 1999 to 2009: A relational spirituality framework”
Journal of Marriage and Family, 72, 805 – 827
with related and new studies located as of 8/2010

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Overview of this document

Alphabetical lists of 1999-2009 studies referred to in the JMF table located in Appendix A

This document lists the peer-reviewed studies I located in journals on religion/spirituality and family life in the process of doing research for “Religion in families 1999 to 2009: A relational spirituality framework” published in JMF in August 2010. I conducted literature searches from October 2008 to around March 2009. Specifically, I combined "religion" or "spirituality" with "marriage," "parenting," or "family" (six searches with pairs of key words) to locate empirical studies on religion and family life published in peer reviewed journals from 1999-2009 and listed in ISI and PsycINFO databases. I also examined the citation and reference lists of many studies. In addition, I contacted various colleagues who I knew might be publishing relevant work from 1999-2009.

For the JMF article, I created a table that summarizes the number of published studies in peer-reviewed journal that I located. This table is located on the JMF web site in Appendix A. I have replicated this table in this document on page 4. In this document, I list alphabetically on pages 4 to 18, the studies that I “counted” for this table. One list includes on the 80 studies coded as “couples and marriage.” Another list includes the 104 studies coded as “parenting and family life.” For lists and a review of empirical studies published from 1980-1999, readers are referred to Mahoney, A., Pargament, K. I., Swank, A., & Tarakeshwar, N. (2001). Religion in the home in the 1980s and 90s: A meta-analytic review and conceptual analysis of religion, marriage, and parenting. Journal of Family Psychology, 15, 559-596.

Also, I wrote a 10 page version of the JMF review that is hopefully highly accessible to college students, clergy, and the general public. See http://changingsea.org/papersyn.htm.

Lists of all research materials by topic area

While working on the review, I located additional empirical studies that were “in press.” Since submitting the review, I also came across new work or work I had not found in my initial searches that did not get included in the JMF Table. In addition, I located additional books, supplemental studies, and conceptual papers that were not “counted” in the tallies for Appendix A, but which were informative. To help facilitate research on the intersection of religion and spirituality with family life, I have therefore also organized lists of published, in press, new, and supplemental material in this document. I organize this material by the headings and subheadings used in the JMF review paper. I hope these lists will be useful to people who want to pursue research on specific topics.

Caveats and invitation

I undoubtedly did not locate all studies speak to each of the topics covered in this document. I apologize in advance to researchers whose work I did not locate. In addition, I may have inadvertently omitted material from the lists that I did locate. I invite anyone to send me additional citations. At some time in the future, I may try to up-date these lists. Finally, please note I chose not to include studies in the review or on these lists that focus on links between parental or youth personal religiousness (e.g., individual religious attendance) and child or adolescent psychosocial adjustment.
### Appendix A Table: Family-Religion Topics in Peer-Reviewed Studies Published Journals

From Mahoney (2010) JMF review

<table>
<thead>
<tr>
<th>Topic</th>
<th>Quantitative</th>
<th>Qualitative</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>All studies</td>
<td>137</td>
<td>47</td>
<td>184</td>
</tr>
<tr>
<td>Couples &amp; Marriage</td>
<td>57</td>
<td>23</td>
<td>80</td>
</tr>
<tr>
<td>Parenting &amp; family life</td>
<td>80</td>
<td>24</td>
<td>104</td>
</tr>
</tbody>
</table>

#### Formation of Family Relationship
- Union formation: 12
- Maternal fertility: 10
- Paternal time with child: 9
- Spousal egalitarianism: 3
- Family versus paid work time: 7

#### Maintenance of Family Relationships
- Divorce rates: 6
- Marital satisfaction and commitment: 15
- Marital conflict and resolution: 6
- Domestic violence risk: 7
- Marital infidelity and sexuality: 4
- Pregnancy and infant care: 7
- Parenting children:
  - Discipline attitude and practices: 8
  - Physical child abuse: 3
  - Affection and monitoring: 5
  - Parenting in stressful contexts: 9
- Parenting Adolescents:
  - Parental supervision and control: 8
  - Parent-adolescent relational quality: 5

#### Transformation of Distress Family Systems
- Coping with domestic violence: 1
- Post divorce adjustment: 4

#### Miscellaneous topics
- Marriage and couples: 5
- Parenting and family: 2

**Note.** Totals under subheadings add up to more than the “all studies” totals because some studies covered more than one topic. “Other topics” include other topics with three or fewer quantitative studies (e.g., grandparenting, n = 1; child sexual abuse victimization, n= 1). The studies counted in the total for “Couples or Marital” include sub-topics that required an intact couple relationship in the home: union formation, egalitarian attitudes, career-home decisions, divorce rates, marital satisfaction & commitment, marital conflict & communication, domestic violence risk, marital infidelity and sexuality. All other studies are counted in the total for “Parenting and family.”
Alphabetical list of 80 studies coded in Appendix A as Couple & Marriage studies


Alphabetical list of 104 studies coded in Appendix A as Parenting & Family studies


References for Miscellaneous Background Information

1) Religious affiliations in American Families with Adolescents in 2005
The extent of diversity in religious affiliation in the U.S. can be seen in the recent 2001-2005 National Study of Youth and Research involving a large, representative sample of adolescents. This study found that of adolescents 75% endorse a Christian affiliation (52% Protestant, 23% Catholic), 16% report no religious affiliation, 7% affiliate with one of the many minority U.S. religions, particularly Latter Day Saints (LDS, 2.5%) and Judaism (1.5%), and nearly 2% did not know or disclose an affiliation.


2) For a fuller explication of the relational spirituality framework, see:

3) For history and current thinking of defining Religion and Spirituality, see:

4) For a classic book as well as recent chapters about religious/spiritual coping, see:
Relational spirituality: Discovery of family relationships

**Religious Familism: Background information**


Union Formation

**Empirical studies on union formation:**


**Supplemental conceptual work, related, new, &/or other studies:**


Maternal Fertility: Creating Mother-Child Relationships

Empirical studies on maternal fertility:


Empirical studies on abortion decisions by pregnant women:

Research on abortion and religion appears to address almost exclusively with attitudes about abortion. Only the three studies, all conducted with unmarried adolescents, were located on the role of religion abortion decisions by pregnant women. The studies yielded complex findings that I deemed beyond the scope of the JMF review to address. For more information see:


Paternal Time with Child: Creating Father-Child relationships

Empirical studies on paternal child involvement:


Supplemental conceptual work &/or studies on paternal child involvement:


Spousal Egalitarianism: Creating a Marital Relationship

**Empirical studies on egalitarian attitudes and behaviors by couples:**


**Supplemental conceptual work &/or studies on religion, gender roles, and marital egalitarianism:**

For supplemental empirical and conceptual work on religion and general attitudes about feminism, females’ labor market participation, and familial hierarchy marked by divinely sanctioned male dominance, see:


Family versus Paid Work Time: Creating a Family versus a Career

**Empirical studies on career-home decisions:**


**Supplemental conceptual work &/or studies on career-home decisions & religion:**

Views on the Spiritual Legitimacy of Diverse Family Structures

**Empirical studies relevant to this topic**


**Supplemental conceptual or empirical work:**


Relational Spirituality: Maintenance of Family Relationships Stage

Divorce Rates

*Empirical studies on divorce rates*


Marital Satisfaction and Commitment

Empirical studies on marital satisfaction and commitment


**Supplemental conceptual work, related &/or new studies**


Marital Conflict and Resolution

Empirical studies on marital conflict and resolution


Supplemental conceptual work &/or studies on marital conflict and resolution


Risk of Domestic Violence

Empirical studies on risk of domestic violence


Supplemental conceptual work &/or studies on religion and violence in adolescent dating relationships

Basic finding: Higher personal religiousness is tied to less risk of being perpetrator or victim of dating violence.


Marital Infidelity and Sexuality

Empirical studies on marital infidelity and sexuality


Supplemental work or new studies on marital infidelity and sexuality


Pregnancy and Parenting Infants

**Empirical studies on pregnancy**


Parenting Children: Disciplinary Attitudes and Practices

Empirical studies on Parenting children: Disciplinary attitudes and practices (For related studies, see parenting in stressful contexts)


Supplemental conceptual work &/or studies on disciplinary attitudes and practices


Unique study on role of parental religiousness on child development:

Parenting Children: Child Physical Abuse

Note: No published studies have directly examining whether parents may rely on CP teachings about parenting to justify child physical abuse. The closest effort I found was a study by Dyslin and Thomsen (2005). The sample consisted of unmarried and childless college students. Their potential to be physically abusive toward potential offspring was higher if they exploited religion for extrinsic goals, but this risk was unrelated to religious affiliation (including CP), attendance, orthodoxy, or centrality of religion to daily life.

Empirical studies on Parenting children: Child physical abuse
(For related studies, see parenting in stressful contexts)


Supplemental conceptual work &/or studies on disciplinary attitudes and practices


Parenting Children: Affection and Monitoring

Empirical studies on Parenting children: Affection and monitoring
(For related studies, see parenting in stressful contexts)


Supplemental study

Parenting children: Coping with Parenting in Stressful Contexts

**Empirical studies on Parenting children: Coping with parenting in stressful contexts.**
(Note: 7 qualitative studies on parents of children with variety of chronic medical conditions & developmental disabilities are in “other category” which includes two studies specifically on parenting children with autism).

Parenting Adolescents: Parental Supervision and Parenting Style

Empirical studies on Parenting adolescents: Parental supervision and parenting style.

Parenting Adolescents: Parent-adolescent Relational Satisfaction and Closeness


Relational spirituality: Transformation of Destabilized Family Relationships

Coping with Domestic Violence

**Empirical studies on Coping with Domestic Violence**


**Supplemental work &/or newly located studies**


Post-divorce Adjustment (to due own divorce or parental divorce)

Empirical studies on Post-divorce adjustment


Supplemental conceptual work &/or new studies on post-divorce adjustment

- Mahoney, A., Warner, H. L., & Krumrei, E. J., (under review). *Broken vows and the next generation: Recognizing and helping when parental divorce is a spiritual trauma*.
Coping with Other Forms of Familial Distress


Other: Conceptual or Empirical Work not Listed under Other Topic Areas


Marshall, E., Olsen, S., Mandleco, B., Dyches, T., Allred, K., & Sansom, N. (2003). "This is a spiritual experience": Perspectives of latter-day saint families living with a child with disabilities. Qualitative Health Research, 13, 57-76.


Relational Spirituality: Each Family Member’s Relationship with the Divine

Very little research. See citations on religious-spiritual coping with family problems, pp. 42-46.

Beach, Fincham and colleagues are currently working on a research project where religiously engaged African American couples who were randomly assigned to participate in a standard marital enrichment program supplemented with exercises to pray for their spouse's well-being. See http://www.uga.edu/prosaam/index.html for more information.

Some preliminary results can be found in Beach, S. R. H., Hurt, T. R., Fincham, F. D., & McNair, L. M. (June, 2008). Preliminary efficacy results in the program for strong African American marriages (ProSAAM). Third annual, African American Healthy Marriage Initiative (AAHMI) conference. Chapel Hill, NC. In this study, engaged African American couples who were randomly assigned to participate in a standard marital enrichment program supplemented with exercises to pray for their spouse's well-being had better marital outcomes over time than couples who only received marital educational materials.
Relational Spirituality: Family Relationship as Spiritual
E.g., Sanctification of marriage or parenting

Empirical studies on investing family relationship with spirituality - cognitively (e.g., sanctification) or behaviorally (e.g., spiritual intimacy, joint religious activities)

Couples/Marital Relationships


Parenting & Parent-Child Relationships


For supplemental conceptual work & new studies related to the sanctification of family relationships:


Note: Lichter & Carmalt (2009) used 5 items from a 14-item Manifestation of God in Marriage subscale created to assess the sanctification of marriage by Mahoney et al., 1999, making slight modifications to items used (personal communication, July 18, 2009). Although the authors labeled the construct "religious centrality, i.e., the importance of religion to the marital relationship" in their study (p. 174), the term "sanctification of marriage" can be used to refer to Lichter & Carmalt's findings based on the 5 items that they used.

5 Items from Lichter & Carmalt (2009):
(a) God played a role in the development of our relationship
(b) God is part of our relationship
(c) Our relationship is an expression of our spirituality
(d) Our relationship is a holy bond
(e) Our relationship follows the teachings of our religion.

14 Items from Mahoney et al. 1999: Manifestation of God in Marriage subscale
1. God played a role in the development of my marriage.
6. God is part of my marriage.
4. My marriage is an expression of my spirituality or religiousness.
2. God is present in my marriage.
3. My marriage is a reflection of God's will.
14. My marriage follows the teachings of my church.
5. My marriage is symbolic of God and what I believe about God.
7. My marriage is consistent with my spiritual or religious identity.
8. I experience God through my marriage.
9. My marriage reflects my image of what God wants for me.
10. My marriage is influenced by God's actions in our lives.
11. My marriage is a holy bond.
12. My marriage represents God's presence in my life.
13. My marriage follows the Bible and what it teaches.

Note: Mahoney and colleagues have created two revised subscales (both 10 items long) on the sanctification of marriage (Manifestation of God in Marriage; Sacred Qualities of Marriage). See Mahoney, Pargament, & DeMaris (2009) for details. The word "marriage" can be replaced with the word "relationship" in the items for samples that include non-married couples.