Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

BG PERSPECTIVE (BGP) REQUIREMENTS:
Course Credits
Must complete at least 1 course in each of the following:
English Composition and Oral Communication

Quantitative Literacy

Must complete at least 2 courses in each of the following:
Humanities and the Arts

Natural Sciences

Social and Behavioral Sciences

Complete total required BGP credit hours by selecting courses from any of the above categories:

COLLEGE REQUIREMENTS 3 HRS
COMM 1020 @

MAJOR CURRICULUM 86 HRS
Exercise Science Core 37 HRS
EXSC 2100 Care & Prevention of Injuries 3
EXSC 2270 Introduction to Exercise Science @ 3
EXSC 2300 Structural and Functional Bases of Human Movement @ 3
EXSC 3400 Motor Development # 3
EXSC 3500 Motor Learning and Control # 3
EXSC 3600 Exercise Physiology @ 3
EXSC 3610 Applied Exercise Physiology # 3
EXSC 3700 Biomechanics # 3
EXSC 4190 Clinical Decision Making & EBP Prac 3
EXSC 4290 Sport Conditioning 3
BIOL 3320 Human Anatomy and Physiology II @ 4
FN 2070 Nutrition 3
SM 3650 Foundations of Sport Psychology # 3

Choose one specialization (Exercise Programming or Sports Medicine)

EXERCISE PROGRAMMING 49 HRS
EXSC 2290 Lifetime Fitness 2
EXSC 3620 Group Exercise Instruction # 3
OR EXSC 4270 EKG/Meds # 3
EXSC 3870 Introductory Exer Sci Internship #! 3
EXSC 4230: Exercise Testing and Prescription # 3
EXSC 4250: Exer. Sci. Test & Prescrip/Spec Cases # 3
EXSC 4500: Organization and Administration of Ex Prog# 3
EXSC 4890: Capstone Internship in Ex. Sci. ! # 15
Electives (consult with faculty advisor) 17*

SPORTS MEDICINE 49 HRS
EXSC 2030 Emergency Care 2
EXSC 3120 Therapeutic Modalities 3
EXSC 4140 Orthopedic Assessment in Sport Med 3
EXSC 4150 Therapeutic Meds & Hlth Conditions 3
EXSC 4160 Therapeutic Exercise 3
BIOL 3310 Human Anatomy & Physiology I 4
EXSC 4210 Clinical Internship in Sports Med #! 3
OR EXSC 4870 Experiential Learning in Exer. Sci #! 3
Electives (consult with faculty advisor) 28*

Important information on the back.
• Grade of C or higher required

• Refer to current Undergraduate Catalog for prerequisites

• Activity courses cannot be repeated

• See faculty advisor

Notes:
• Meet with academic advisors on a regular basis. Names of Advisors are listed via MyBGSU account

• A minimum of 122 total hours is required for a bachelor’s degree

• A minimum of 40 hours of courses at the 3000-4000 level is required for a bachelor’s degree.

• Courses in this major may NOT be taken on an S/U basis.