

**QUEST FOR HEALTH**



Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date : \_\_\_\_\_

Title of Work: \_\_\_\_\_

	Criteria				Points
	1	2	3	4	
<b>MENU</b>	LESS THAN THREE MEALS A DAY AND NO SNACKS	LESS THAN THREE MEALS A DAY, INCLUDES SNACKS	THREE MEALS A DAY, BUT NO SNACKS INCLUDED	THREE MEALS A DAY AND ALL SNACKS INCLUDED	_____
<b>BALANCED MENU</b>	POOR ATTEMPT TO BALANCE THE MENU, DOES NOT MEET SUGGESTED SERVINGS FROM EACH FOOD GROUP	LITTLE ATTEMPT TO BALANCE THE MENU, DOES NOT MEET SUGGESTED SERVINGS FROM EACH FOOD GROUP	GOOD ATTEMPT TO BALANCE THE MENU, SOMEWHAT MEETS SUGGESTED SERVINGS FROM EACH FOOD GROUP	GREAT ATTEMPT TO BALANCE THE MENU, DOES MEET SUGGESTED SERVINGS FROM EACH FOOD GROUP	_____
<b>LETTER</b>	CONTAINS LESS THAN 5 DIETARY GUIDELINS, ADVICE, AND NOT WRITTEN IN LETTER FORMAT	CONTAINS LESS THAN 5 DIETARY GUIDELINS, ADVICE, AND WRITTEN IN LETTER FORMAT	CONTAINS 5-6 DIETARY GUIDELINES, ADVICE, AND WRITTEN IN LETTER FORMAT	CONTAINS ALL 7 DIETARY GUIDELINES, ADVICE, AND WRITTEN IN LETTER FORMAT	_____
<b>FAT/CALORIE CHARTS</b>	NOT COMPLETELY FILLED OUT	COMPLETELY FILLED OUT, MANY (3+) INFORMATION INCORRECT	COMPLETELY FILLED OUT, SOME (1-2) INFORMATION INCORRECT	COMPLETELY AND CORRECTLY FILLED OUT	_____
<b>QUESTIONS</b>	ALL QUESTIONS WERE NOT ANSWERED COMPLETELY.	NOT ALL QUESTIONS WERE ANSWERED COMPLETELY, OR GREATER THAN 2 RATIONALES FOR THE ANSWERS WERE NOT CLEARLY STATED.	ALL QUESTIONS WERE ANSWERED COMPLETELY, BUT RATIONALES FOR THE ANSWERS WERE NOT CLEARLY STATED.	ALL QUESTIONS WERE ANSWERED COMPLETELY AND RATIONALES FOR THE ANSWERS WERE CLEARLY STATED.	_____
				<b>Total----&gt;</b>	_____

**Teacher Comments:**

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