

EXERCISE SCIENCE
Kinesiology Division (KNS)
School of Human Movement, Sport, and Leisure Studies

NAME _____

2011-2012

Bachelor of Science in Education. This degree program is designed to be completed in 4 years. Changing majors, academic issues or other unforeseen circumstances may require additional semesters for completion.

MAJOR CURRICULUM	82-87 HRS	COLLEGE REQUIREMENTS	6-8 HRS
REQUIRED COURSES	40 HRS	_____ COMM 1020@	3
_____ KNS 2270 Introduction to Kinesiology@	3	_____ Mathematics Elective*	3-5
_____ KNS 2290 Lifetime Fitness	2	BG PERSPECTIVE REQUIREMENTS	
_____ KNS 2300 Structural and Functional Bases of Human Movement#@	3	_____ GSW 1120 @ (_____ GSW 1100/1110)	
_____ KNS 3400 Motor Development Across Lifespan #		Natural Science	
OR		_____ Elective _____	
_____ KNS 3500 Motor Learning #	3	_____ Elective _____	
_____ KNS 3600 Exercise Physiology #@	3	Social and Behavioral Sciences	
_____ KNS 3610 Applied Exercise Physiology #	3	_____ Elective _____	
_____ KNS 3700 Biomechanics of Human Movement #	3	_____ Elective _____	
_____ KNS 3870 Exercise Science Practicum *** #	3	Humanities and Arts	
_____ KNS/PEG/DANC Activities** (take for grade only)		_____ Elective _____	
(Select in consultation with faculty advisor)		_____ Elective _____	
_____, _____, _____, _____	4	Cultural Diversity in the United States	
_____ BIOL 3320 Human Anatomy@	4	_____ Elective _____	
_____ FN 2070 Nutrition	3	Additional BG Perspective Course	
_____ SM 2140 Introduction to Research in HMSLS #	3	_____ Elective _____	
_____ SM 3650 Foundations of Sport Psychology #			
OR			
_____ SM 3660 Psychological Aspects of Exercise and Fitness	3		

CHOOSE ONE SPECIALIZATION (Exercise Programming or Human Movement)

EXERCISE PROGRAMMING	42-47 HRS
_____ KNS 4230 Exercise Testing and Prescription #	3
_____ KNS 4250 Exercise Testing and Prescription for Special Cases #	3
_____ KNS 4290 Sport Conditioning #	3
_____ KNS 4890 Exercise Science Internship *** #	15
_____ KNS 4500 Organization and Administration of Ex Prog Selectives (in consultation with faculty advisor)	3 15-20

HUMAN MOVEMENT	42-47 HRS
_____ KNS 3400 Motor Development Across the Lifespan #	
OR	
_____ KNS 3500 Motor Learning #	3
_____ KNS 4000 Facilitating Movement Change in a Tutorial Setting #	3
_____ KNS 4020 Measurement and Evaluation of Human Movement #	3
_____ KNS 4810 Senior Project #	4
_____ SM 2210 History and Philosophy of Sport	
OR	
_____ SM 4250 Sport and Gender #	3
_____ Selectives (in consultation with faculty advisor)	2-10
_____ Minor or Cognates ##	16-24
(A minimum of 26 hrs. must be completed from Selectives and Minor/Cognate)	

One BG Perspective course above is an International Perspective course.

* Mathematics
One of the following must be completed: 1120, 1150, 1160, 1220, 1260, 1280, 1300, 1310, 1340, 1350, 2320.

** Activity courses cannot be repeated.

*** See your faculty advisor.

Each student in the Human Movement specialization must select either a University minor of at least 21 hours **OR** 2-3 cognates totaling 16 hours. (A cognate requires a minimum of 8 hours in a discipline. Example: A student could have two 8-hour cognates or three 8-hour cognates.)

Refer to current Undergraduate Catalog for prerequisites.

@ A letter grade of "C" or better is required.

Courses in this major may not be taken on S/U basis.

Admission/Matriculation Requirements:
Complete the application for program admission available in the Kinesiology Office.

SENIOR YEAR: YOU MUST apply for graduation on-line prior to the term deadline. You must also complete at least 30 hours of coursework at BGSU.

Degree Audit Report (DAR) is available on MyBGSU.
This is an unofficial record of a student's progress.