## Interested to know how much you sanctify your marriage? Print out and take the following quiz to see how your score compares to scores in our sample of parents!

For each of the following statements please indicate the degree to which you agree or disagree with each of the following statements by circling the number (1-7) that fits with your thoughts and beliefs!

|     | Please indicate the degree to which you agree or disagree with each of the following statements:              | Strong<br>Disagi |   |   | Neutral |   | St | trongly<br>Agree |
|-----|---|------------------|---|---|---------|---|----|------------------|
| 1.  | My marriage seems like a miracle to me.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 2.  | Being with my spouse feels like a deeply spiritual experience.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 3.  | This marriage is part of a larger spiritual plan.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 4.  | My marriage is holy.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 5.  | My marriage is sacred to me.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 6.  | My marriage puts me in touch with the deepest mysteries of life.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 7.  | My marriage reveals the deepest truths of life to me.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 8.  | My marriage connects my spouse and me to something greater than ourselves.                                    | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 9.  | When I am with my spouse, there are moments when time stands still and I feel I am part of something eternal. | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 10. | At moments, my marriage makes me very aware of a creative power beyond us.                                    | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 11. | God played a role in how I ended up being married to my spouse.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 12. | I sense God's presence in my relationship with my spouse.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 13. | I experience God through my marriage.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 14. | God lives through my marriage.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 15. | My marriage is a reflection of God's will.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 16. | God has been a guiding force in my marriage.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 17. | In mysterious ways, God touches my marriage.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 18. | I feel God at work in my marriage.  | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 19. | There are moments when I feel a strong connection with God in my marriage.                                    | 1                | 2 | 3 | 4       | 5 | 6  | 7                |
| 20. | I see God's handiwork in my marriage.   | 1                | 2 | 3 | 4       | 5 | 6  | 7                |

| Score it: Now, add together all the numbers you circled on items 1-10 to calculate your <i>Sacred Qualities</i> sanctification score. Write the number in the box to the right      | Total Score<br>on items 1-10:  |  |
|---|--------------------------------|--|
| Score it: Now, add together all the numbers you circled on items 11-20 to calculate your <i>Manifestation of God</i> sanctification score. Write the number in the box to the right | Total Score<br>on items 11-20: |  |

## Wondering how your scores compare to those in our sample? Look in the women's or men's score column to see where your score falls for the Sacred Qualities and Manifestation of God subscales!

| Women's Scores- Sacred<br>Qualities subscale (items<br>1-10) | Category   | Percentage of people<br>in this category |  |  |
|--|--|--|--|--|
| 59 -70   | High Sacred Qualities Sanctifiers (those who tended to strongly agree with the statements) | Top (about 25%)                          |  |  |
| 53-58  | High Average Sacred Qualities Sanctifiers  | Mid Top (about 25%)                      |  |  |
| 45-52  | Low Average Sacred Qualities Sanctifiers   | Mid Bottom (about 25%)                   |  |  |
| 10-44  | Low Sacred Qualities Sanctifiers (those who tended to be neutral or disagree)              | Bottom (about 25%)                       |  |  |

The mean, or average, for the group of women in the sample was 50.3, with a standard deviation of 13.4

| Men's Scores- Sacred<br>Qualities subscale (items<br>1-10) | Category   | Percentage of people<br>in this category |  |  |
|--|--|--|--|--|
| 60-70  | High Sacred Qualities Sanctifiers (those who tended to strongly agree with the statements) | Top (about 25%)                          |  |  |
| 52-59  | High Average Sacred Qualities Sanctifiers  | Mid Top (about 25%)                      |  |  |
| 44-51  | Low Average Sacred Qualities Sanctifiers   | Mid Bottom (about 25%)                   |  |  |
| 10-43  | Low Sacred Qualities Sanctifiers (those who tended to be neutral or disagree)              | Bottom (about 25%)                       |  |  |

The mean, or average, for the group of men in the sample was 50.8, with a standard deviation of 11.9

| Women's Scores-<br>Manifestation of God<br>subscale (items 11-20) | Category   | Percentage of people<br>in this category |  |  |
|---|--|--|--|--|
| 65-70   | High Manifestation of God Sanctifiers (those<br>who tended to strongly agree with the<br>statements) | Top (about 25%)                          |  |  |
| 58-64   | High Manifestation of God Average Sanctifiers  | Mid Top (about 25%)                      |  |  |
| 46-57   | Low Average Manifestation of God<br>Sanctifiers  | Mid Bottom (about 25%)                   |  |  |
| 10-45   | Low Manifestation of God Sanctifiers (those who tended to be neutral or disagree)                    | Bottom (about 25%)                       |  |  |

The mean, or average, for the group of women in the sample was 52.7 , with a standard deviation of 16.7

| Men's Scores-<br>Manifestation of God<br>subscale (items 11-20) | Category   | Percentage of people<br>in this category |
|---|--|--|
| 62-70   | High Manifestation of God Sanctifiers (those<br>who tended to strongly agree with the<br>statements) | Top (about 25%)                          |
| 53-61   | High Manifestation of God Average Sanctifiers  | Mid Top (about 25%)                      |
| 41-52   | Low Average Manifestation of God<br>Sanctifiers  | Mid Bottom (about 25%)                   |
| 10-40   | Low Manifestation of God Sanctifiers (those who tended to be neutral or disagree)                    | Bottom (about 25%)                       |

The mean, or average, for the group of men in the sample was 49.3, with a standard deviation of 17.1