

## Revised and Original Sanctification Citations, Items, and Directions

### **SANCTIFICATION OF MARRIAGE:**

#### **Revised Sanctification of Marriage:**

Mahoney, A., Pargament, K. I., & DeMaris, A. (2009). Couples viewing marriage and pregnancy through the lens of the Sacred: A descriptive study. *Research in the Social Scientific Study of Religion*, 20, 1-45.

#### **Revised Manifestation of God in Marriage:**

Directions: Some of the following questions use the word "God." Different people use different terms for God, such as "Higher Power," "Divine Spirit," "Spiritual Force," "Holy Spirit," "Yahweh," "Allah," "Buddha", or "Goddess." Please feel free to substitute your own word for God when answering any of the questions that follow. Also, some people do not believe in God. If this is the case for you, please feel free to choose the "strongly disagree" response when needed.

Please indicate the degree to which you agree or disagree with each of the following statements

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) God played a role in how I ended up being married to my spouse.
- 2) I sense God's presence in my relationship with my spouse.
- 3) My marriage is a reflection of God's will.
- 4) I experience God through my marriage.
- 5) I feel God at work in my marriage.
- 6) God has been a guiding force in my marriage.
- 7) I see God's handiwork in my marriage.
- 8) God lives through my marriage.
- 9) There are moments when I feel a strong connection with God in my marriage.
- 10) In mysterious ways, God touches my marriage.

#### **Revised Sacred Qualities of Marriage:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) My marriage is holy.
- 2) Being with my spouse feels like a deeply spiritual experience.
- 3) This marriage is part of a larger spiritual plan.

- 4) When I am with my spouse, there are moments when time stands still and I feel I am part of something eternal.
- 5) My marriage is sacred to me.
- 6) My marriage connects my spouse and me to something greater than ourselves.
- 7) My marriage reveals the deepest truths of life to me.
- 8) My marriage seems like a miracle to me.
- 9) My marriage puts me in touch with the deepest mysteries of life.
- 10) At moments, my marriage makes me very aware of a creative power beyond us.

**ORIGINAL:**

**Original Sanctification of Marriage:**

Mahoney, A., Pargament, K. I., Jewell, T., Swank, A. B., Scott, E., Emery, E., & Rye, M. (1999). Marriage and the spiritual realm: The role of proximal and distal religious constructs in marital functioning. *Journal of Family Psychology*, 13, 321-338.

**Original Manifestation of God in Marriage:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Agree			Neutral			Strongly Disagree
1	2	3	4	5	6	7

Note: To simplify interpretation and discussion, items were reverse scored prior to conducting any data analyses so higher total values of these items would reflect greater sanctification.

1. God played a role in the development of my marriage.
2. God is present in my marriage.
3. My marriage is a reflection of God’s will.
4. My marriage is an expression of my spirituality or religiousness.
5. My marriage is symbolic of god and what I believe about God.
6. God is part of my marriage.
7. My marriage is consistent with my spiritual or religious identity.
8. I experience God through my marriage.
9. My marriage reflects my image of what God wants for me.
10. My marriage is influenced by God’s actions in our lives.
11. My marriage is a holy bond.
12. My marriage represents God’s presence in my life.
13. My marriage follows the Bible and what it teaches.
14. My marriage follows the teachings of my church.

**Original Sacred Qualities in Marriage:**

Directions: Please rate whether your marriage is more closely described by the adjective on the left or the adjective on the right by placing a check mark on the appropriate line.

Very Closely Describes	Closely Describes	Slightly Describes	Neutral	Slightly Describes	Closely Describes	Very Closely Describes
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1. Holy-Unholy
2. Inspiring-Uninspiring
3. Blessed-Cursed
4. Everlasting-Temporary
5. Awesome-Ordinary
6. Heavenly-Earthly
7. Spiritual-Worldly (Secular)
8. Religious-Non-religious
9. Mysterious-Routine

**SANCTIFICATION OF PARENTING:**

**REVISED:**

**Revised Sanctification of Parenting:**

Mahoney, A., Pargament, K. I., & DeMaris, A. (2009). Couples viewing marriage and pregnancy through the lens of the Sacred: A descriptive study. *Research in the Social Scientific Study of Religion, 20*, 1-45.

Note: These items focus on parenting infants, however the word “baby” could be replaced with “toddler,” “child,” or “teen” when surveying parents of children of different ages. As of 2012, the only version used on sample used the word “baby.”

**Revised Manifestation of God in Parenting:**

Directions: Some of the following questions use the word "God." Different people use different terms for God, such as "Higher Power," "Divine Spirit," "Spiritual Force," "Holy Spirit," "Yahweh," "Allah," "Buddha", or “Goddess.” Please feel free to substitute your own word for God when answering any of the questions that follow. Also, some people do not believe in God. If this is the case for you, please feel free to choose the "strongly disagree" response when needed.

Please indicate the degree to which you agree or disagree with each of the following statements

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) God played a role in my baby coming into my life.
- 2) I sense God's presence in my relationship with my baby.
- 3) I experience God through being a mother.
- 4) God lives through my relationship with my baby
- 5) Being a mother is a reflection of God's will for me.
- 6) God has been a guiding force in my relationship with my baby.
- 7) In mysterious ways, God touches my relationship with my baby.
- 8) I feel God at work in my relationship with my baby.
- 9) There are moments when I feel a strong connection with God by being a mother.
- 10) I see God’s handiwork in my baby.

**Revised Sacred Qualities of Parenting:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) My baby seems like a miracle to me.
- 2) Being a mother feels like a deeply spiritual experience.
- 3) Being a mother is part of a larger spiritual plan for me.
- 4) My relationship with my child is holy.
- 5) Being the mother of my baby is sacred to me.
- 6) Being a mother puts me in touch with the deepest mysteries of life.
- 7) My relationship with my baby reveals the deepest truths of life to me.
- 8) In my relationship with my baby I experience a connection with something greater than myself.
- 9) When I am with my baby, there are moments when time stands still and I feel I am part of something eternal.
- 10) At moments, being a mother makes me very aware of a creative power beyond us.

**ORIGINAL:**

**Original Sanctification of Parenting:**

Murray-Swank, A., Mahoney, A., & Pargament, K. I. (2006). Sanctification of parenting: Influences on corporal punishment and warmth by liberal and conservative Christian mothers. *The International Journal of the Psychology of Religion*, 16, 271–287.

**Original Manifestation of God in Parenting:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Agree			Neutral			Strongly Disagree
1	2	3	4	5	6	7

Note: To simplify interpretation and discussion, items were reverse scored prior to conducting any data analyses so higher total values of these items would reflect greater sanctification.

1. God played a role in the development of my role as a parent.
2. God is present in my role as a parent.
3. My role as a parent is a reflection of God’s will.
4. In my parenting, I express my spirituality or religiousness.
5. My role as a parent is symbolic of God and what I believe about God.
6. God is a part of my role as a parent.
7. My role as a parent is consistent with my spiritual or religious identity.
8. I experience God through my role as a parent.
9. My role as a parent reflects my image of what god wants for me.
10. My role as a parent is influenced by God’s action in my life.
11. My role as a parent is a holy duty.
12. My role as apparent represents God’s presence in my life.
13. In my role as a parent, I follow scripture and what it teaches.
14. In my role as a parent, I follow the teachings of my church.

**Original Sacred Qualities in Parenting:**

Directions: Please rate whether your role as a parent is more closely described by the adjective on the left or the adjective on the right by placing a check mark on the appropriate line.

Very Closely Describes	Closely Describes	Slightly Describes	Neutral	Slightly Describes	Closely Describes	Very Closely Describes
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1. Holy-Unholy
2. Inspiring-Uninspiring
3. Blessed-Cursed
4. Everlasting-Temporary
5. Awesome-Ordinary
6. Heavenly-Earthly
7. Spiritual-Secular
8. Religious-Non-religious
9. Mysterious-Routine
10. Miraculous-Biological

## SANCTIFICATION OF SEXUALITY IN RELATIONSHIPS

### REVISED:

#### Revised Sanctification of Marital Sexuality:

Hernandez, K. M., Mahoney, A., & Pargament, K. I. (2011). Sanctification of sexuality: Implications for newlyweds' marital and sexual quality. *Journal of Family Psychology, 25*, 775-780.

#### Revised Manifestation of God in Marital Sexuality :

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Agree			Neutral			Strongly Disagree
1	2	3	4	5	6	7

- 1) God played a role in my decision to have a sexual relationship with my spouse.
- 2) Our sexual relationship speaks to the presence of God.
- 3) I experience God through the sexual bond I have with my spouse.
- 4) God's essence is expressed in our sexual relationship.
- 5) Being in a sexual relationship with each other is a reflection of God's will.
- 6) God has been a guiding force in our sexual relationship.
- 7) In mysterious ways, God deepens the sexual intimacy I have with my spouse.
- 8) I feel God at work when we express ourselves sexually with each other.
- 9) There are moments when I feel a strong connection with God when I am sexually intimate with my spouse.
- 10) I see God's influence in our sexual relationship.

#### Revised Sacred Qualities of Marital Sexuality :

Directions: Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) Being sexually intimate with my spouse feels like a deeply spiritual experience.
- 2) Our sexual relationship seems like a miracle to me.
- 3) Our sexual connection is part of a larger spiritual plan.
- 4) Our sexual relationship is holy.
- 5) The sexual bond I have with my spouse is sacred to me.
- 6) Our sexual relationship connects us to something greater than ourselves.
- 7) My sexual relationship with my spouse reveals the deepest truths of life to me.
- 8) There are moments when we are sexually intimate that time stands still and I feel like I am part of something eternal.
- 9) Our sexual relationship puts me in touch with the deepest mysteries of life.

10) At moments, being sexually intimate with my spouse makes me very aware of a creative power beyond us.

**ORIGINAL:**

**Original Sanctification of Sexuality in Loving Relationships:**

Murray-Swank, N.A., Pargament, K. I., & Mahoney, A. (2005). At the crossroads of sexuality and spirituality: The sanctification of sex by college students. *The International Journal of the Psychology of Religion*, 15, 199-219.

**Original Manifestation of God in Sexuality in Loving Relationships:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements is true for two people in a loving relationship who are not married.

Strongly Disagree		Neutral		Strongly Agree
1	2	3	4	5

- 1) God is part of the sexual union between two loving partners.
- 2) God is present in sexual intercourse between two partners who love each other.
- 3) In a loving relationship, sexual intercourse is connected to God's will.
- 4) Sexual intercourse between two loving partners is an expression of spirituality or religiousness.
- 5) Sexual intercourse between loving partners is symbolic of God and what I believe about God.
- 6) In a loving relationship, sexual intercourse provides spiritual meaning.
- 7) Loving partners experience God through sexual intercourse.
- 8) The mystery of God's love is apparent in sexual intercourse between two people who love each other

Note: Participants who identified themselves as involved in a loving relationship that involved sexual intercourse (penis in vagina) completed another, slightly modified version of the Manifestation of God in Sexual Intercourse scale. The wording of the items was changed to apply directly to the participant's current relationship (e.g., In my loving relationship, sexual intercourse is connected to God's will).

**Original Sacred Qualities of Sexuality in Loving Relationships:**

Directions: Please indicate the degree to which you agree the following ten words apply to sexual intercourse between two people who are in a loving relationship.

Does not describe at all			Neutral			Very Closely Describes
1	2	3	4	5	6	7

- 1) Holy
- 2) Inspiring



- 3) Blessed
- 4) Awesome
- 5) Heavenly
- 6) Spiritual
- 7) Religious
- 8) Mysterious
- 9) Miraculous
- 10) Sacred

Note: Participants who identified themselves as involved in a loving relationship that involved sexual intercourse (penis in vagina) completed another, slightly modified version.

**For the following scales, as of 2012 these were the original scales, as no revisions had been performed.**

**SANCTIFICATION OF PREGNANCY**

Mahoney, A., Pargament, K. I., & DeMaris, A. (2009). Couples viewing marriage and pregnancy through the lens of the Sacred: A descriptive study. *Research in the Social Scientific Study of Religion*, 20, 1-45.

**Manifestation of God in Pregnancy:**

Directions: Some of the following questions use the word "God." Different people use different terms for God, such as "Higher Power," "Divine Spirit," "Spiritual Force," "Holy Spirit," "Yahweh," "Allah," "Buddha", or "Goddess." Please feel free to substitute your own word for God when answering any of the questions that follow. Also, some people do not believe in God. If this is the case for you, please feel free to choose the "strongly disagree" response when needed.

Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) God played a role in our getting pregnant.
- 2) I sense God's presence in this pregnancy.
- 3) I experience God through this pregnancy.
- 4) God lives through our pregnancy.
- 5) Our pregnancy is a reflection of God's will.
- 6) God has been a guiding force in our pregnancy.
- 7) In mysterious ways, God has touched our pregnancy.
- 8) I feel God at work in this pregnancy.
- 9) There are moments when I feel a strong connection with God through this pregnancy.
- 10) I see God's handiwork in my pregnancy.

**Sacred Qualities of Pregnancy:**

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) This pregnancy seems like a miracle to me.
- 2) Our pregnancy feels like a deeply spiritual experience.

- 3) This pregnancy is part of a larger spiritual plan.
- 4) This pregnancy is holy.
- 5) This pregnancy is sacred to me.
- 6) Being pregnant puts me in touch with the deepest mysteries of life.
- 7) This pregnancy reveals the deepest truths of life to me.
- 8) Our pregnancy connects my spouse and me to something greater than ourselves.
- 9) During this pregnancy, there are moments when time stands still and I feel I am part of something eternal.
- 10) At moments, this pregnancy makes me very aware of a creative power beyond us.

## SANCTIFICATION OF STRIVINGS

Mahoney, A., Pargament, K. I., Cole, B., Jewell, T., Magyar, G. M., Tarakeshwar, N., Murray-Swank N. & Phillips, R. (2005b). A higher purpose: The sanctification of strivings. *The International Journal of the Psychology of Religion*, 15, 239-262.

### Manifestation of God in Strivings:

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree		Neutral		Strongly Agree
1	2	3	4	5

- 1) God played a role in the development of this striving.
- 2) God is present in this striving.
- 3) This striving is a reflection of God's will.
- 4) I experience God through this striving.
- 5) This striving reflects what I think God wants for me.

### Sacred Qualities of Strivings:

Directions: Please indicate the degree to which the following five words applied to striving

Does not Describe at All		Neutral		Very Closely Describes
1	2	3	4	5

- 1) Holy
- 2) Blessed
- 3) Heavenly
- 4) Spiritual
- 5) Sacred

## SANCTIFICATION OF THE BODY

Mahoney, A., Carels, R. A. Pargament, K. I., Wachholtz, A., Leeper, L. E., Kaplar, M. & Frutchey, R. (2005a). The sanctification of the body and behavioral health patterns of college students. *The International Journal of the Psychology of Religion*, 15, 221-238.

### Manifestation of God in the Body:

Directions: Please indicate the degree to which you agree or disagree with each of the following statements.

Strongly Disagree			Neutral			Strongly Agree
1	2	3	4	5	6	7

- 1) My body is a temple of God
- 2) My body is created in God's image
- 3) God uses my body to do God's will
- 4) God is present in my body
- 5) My body is a gift from God
- 6) My body is united with God
- 7) My body is bonded to the everlasting Spirit of God
- 8) A spark of the divine resides in my body
- 9) God lives through my body
- 10) God is glorified through my body
- 11) My body is an instrument of God
- 12) The power of God moves through my body

### Sacred Qualities of the Body:

Directions: Please indicate the degree to which you agree the following ten words apply to your body.

Does not describe at all			Neutral			Very Closely Describes
1	2	3	4	5	6	7

- 1) Holy
- 2) Blessed
- 3) Heavenly
- 4) Spiritual
- 5) Religious
- 6) Miraculous
- 7) Sacred
- 8) Divine
- 9) Hallowed
- 10) Spirit-filled

## SANCTIFICATION OF THE ENVIRONMENT

Tarakeshwar, N., Swank, A. B., Pargament, K. I., & Mahoney, A., (2001). Theological conservatism and the sanctification of nature: A study of opposing religious correlates of environmentalism. *Review of Religious Research*, 42, 387-404.

Note: This scale is quite different from the other sanctification scales. It does not have items on Sacred Qualities, but rather coded sanctifiers as those who endorsed two items that are more related to the concept of Manifestation of God.

Directions: Please endorse one of the following statements:

- a) Nature is sacred because it was created by God
- b) Nature is spiritual or sacred itself
- c) Nature is important but not spiritual or sacred

Note: This item was dummy coded – subjects who selected 1 were classified as sanctifying the environment, while those who selected b or c were classified as subjects who did not sanctify the environment.

Directions: Please indicate the degree to which you agree or disagree with the following statement

Strongly Disagree		Neutral		Strongly Agree
1	2	3	4	5

- 1) Human beings should respect nature because it was created by God